



**Mental Health Reform**  
Promoting Improved Mental Health Services

# ANNUAL REPORT 2015





# Mental Health Reform's Vision

An Ireland where people experiencing mental health difficulties can recover their well-being and live a full life in their community.

## Mission statement

To be the unifying voice that drives progressive reform of mental health supports in Ireland.



**"There are clear signs that things have changed for the better. I believe MHR has been centrally involved ... The major achievement there was to get people with mental health difficulties firmly onto the table on a par with the other disabilities. I think there are unsung heroes from MHR and elsewhere who facilitated and drove that crucial development."**

**HSE Senior Mental Health Social Worker, John Cowman.**



## Contents

Foreword	2
Chairperson's message	3
Representing the sector	4
Identifying unmet needs	5
Developing unifying positions	6
Mobilisation	7
Developing and disseminating good practice guidance and piloting innovations	9
Holding Government and its agencies to account	10
Governance	11
Accounts	12
Our members – 2015	16
2015 in photos	17



## Foreword

### 2015 – increasing our impact

I am delighted to welcome you to Mental Health Reform's annual report for 2015. This has been a busy year for the coalition, as we continue to advocate for better mental health supports.

We welcomed 5 new members in 2015, bringing the coalition's membership up to 54 organisations by the end of the year. During 2015, we increased our supporter base on social media from 5,928 to 8,468.

In the first half of 2015, we consulted with our membership to get their feedback on progress so far in implementing Ireland's mental health policy. This resulted in the publication in June of our report, '*A Vision for Change: Nine Years On, A coalition analysis of progress*'. Our team also made 25 policy submissions last year.

With our members and supporters, we have achieved significant developments in Ireland's mental health system last year, including:

- Additional funding in Budget 2016 for the development of mental health services

- Agreement on a Standard Operating Procedure for child and adolescent mental health services
- Commitment to a clinical care programme on dual diagnosis (mental health/addiction)
- Roll-out of Self-Harm Liaison Nurses in hospitals
- A Comprehensive Employment Strategy that addresses people with mental health disabilities
- A review of the Mental Health Act, 2001, that incorporates many of the coalition's recommendations
- Deletion of the term 'unwilling' from the Mental Health Act, 2001
- A commitment of €2 million to improve mental health services for homeless people

In 2016, we plan to:

- Work to ensure that the next Government makes mental health a priority
- Produce a coalition submission on the follow-on plan to *A Vision for Change*



- Consult with people who use mental health services and family members about their experience of services
- Campaign for legislation to reflect the review of the Mental Health Act, 2001

On behalf of the MHR team, I'd like to thank outgoing Chairman, Eddie Molloy, for his commitment and hard work over the last 5 years. A warm welcome to new Chairperson Caroline McGrath, who will help to guide our work along with the rest of our dedicated Board of Directors. My thanks also to all of our supporters, funders and member organisations who make our work possible. We couldn't do it without you!

Shari McDaid, Director,  
Mental Health Reform



# Introduction

## Chairman's message

I am delighted and honoured to take on the role of Chairperson of Mental Health Reform. Since its inception 10 years ago as a small coalition of five organisations and through the commitment of its members, supporters, staff and Directors, MHR has become a strong force for change.

Throughout 2015, MHR has continued to make its presence felt, making recommendations to all political parties ahead of the General Election in its 'Mental health manifesto'. This manifesto points out some of the stark statistics that make MHR's work so important:

- 75% of mental health difficulties arise before age 25.
- Ireland has one of the highest rates of male suicide in Europe.
- People with a mental health disability are 9 times more likely to be outside the labour force.

2015 also marked ten years since the publication of the mental health policy *A Vision for Change*. While MHR members can be justifiably proud of the impact they have had over the past 10 years, advocacy for reform of the mental health

system remains as important as ever. MHR has been capturing the views of our members for a submission on the review of *A Vision for Change* and will play its part in 2016 in influencing a follow-on strategy.

As this report goes to print in May 2016, we have a new minority Government with a new Programme for Government. It is heartening to see that MHR's influence is clearly evident in the contents of the new Programme for Government which contains commitments to extend the Counselling in Primary Care (CIPC) service to people on low-incomes, to increase the mental health budget on an annual basis, provide tenancy sustainment, and to establish a National Taskforce on Youth Mental Health. These commitments provide a clear basis for MHR's continuing advocacy for reform during the lifetime of the Dáil.

I'd like to acknowledge the commitment of MHR's small, hard-working team, led by Dr. Shari McDaid. Their efforts and the efforts of our member organisations have made a difference in 2015.

The Board continues to take seriously our responsibilities for good governance and accountability to our members and funders. In the last year, MHR has continued its efforts



to comply with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. MHR fulfilled its obligations to report to the Charities Regulatory Authority and to the Standards in Public Office Commission under the Regulation of Lobbying Act 2015.

My thanks to all of our Board members, and in particular to outgoing Chairman Eddie Molloy, whose guidance has helped develop MHR into the influential and authoritative voice it is today.

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Caroline McGrath BL,  
Chairperson, Mental Health  
Reform



## Representing the sector

Mental Health Reform continued to grow in 2015, with **five new member organisations** joining:

- 1 Dublin Simon Community**
- 2 Institute of Clinical Hypnotherapy and Psychotherapy (ICHP) Graduate Association**
- 3 Irish Association of Infant Mental Health**
- 4 Irish Association of Speech and Language Therapists**
- 5 Psychological Society of Ireland**

MHR continued to **represent the mental health sector** to Government and its agencies throughout 2015. We advocated for better mental health services at a national level through representations to the Government, the HSE and other key bodies.

In 2015, Mental Health Reform held meetings with:

- Minister of State for Primary and Social Care, Kathleen Lynch TD
- Minister of State for Employment, Community and Social Support, Kevin Humphreys TD

- HSE National Director for Mental Health, Anne O'Connor
- Mental Health Commission CEO, Patricia Gilheaney
- Irish Human Rights and Equality Commission Chief Commissioner, Emily Logan
- TUSLA CEO, Gordon Jeyes

Mental Health Reform made 25 submissions to Government and its agencies, including on:

- Budget 2016
- Mental health in primary care
- The National Maternity Strategy
- The National Youth Strategy
- The National Disability Strategy

MHR represented the mental health sector on a delegation to Brussels organised by Sinn Féin MEP Liadh Ní Riada in June 2015. MHR made a presentation on behalf of the Children's Mental Health Coalition to the Joint Oireachtas Committee on Health and Children in November.



Disability sector Pre-budget launch 2015.

We continued to bring a mental health perspective to Government bodies through participation in a number of consultative and implementation groups feeding in to national disability, social protection and housing strategies.

Before Budget 2016, MHR took part in a press conference and photo-shoot with nine disability umbrella and network organisations, organised by the Disability Federation of Ireland.

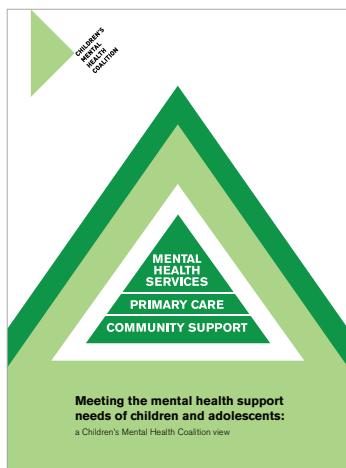


# Identifying unmet needs

## Children's mental health

Chaired and supported by MHR, the Children's Mental Health Coalition published a report called '*Meeting the mental health support needs of children and adolescents*' in March 2015, which identified gaps in Child and Adolescent Mental Health Services (CAMHS). It made a number of recommendations, including:

- Mental health promotion for children and adolescents
- Comprehensive mental health services through primary care
- Standard Operating Procedures (SOPs) for CAMHS to standardise services and reflect ongoing developments in the area



The Children's Mental Health Coalition provided feedback to the HSE on the draft SOPs and as part of this process we helped to ensure that other primary care professionals, in addition to GPs, could refer to CAMHS.

## Other unmet needs

### UTV Ireland highlights unmet needs:

In late 2015, MHR worked with UTV Ireland on a series of short news programmes on dual diagnosis, youth mental health and homelessness and mental health. Thanks to our member organisations Dual Diagnosis Ireland, Headstrong, Merchants Quay Ireland and SpunOut and to the individuals who shared their stories for their help in making the programmes happen.

As usual, our aim in 2015 was to hear the lived experiences of people with mental health difficulties and their family members/carers. We held public meetings in Waterford, Nenagh, Navan and Dublin city between April and June. 129 people in total came to the meetings. Sign language interpretation was requested and provided for one of the meetings. An additional 281 people gave online feedback on their experiences.

**Every 9.4 days someone in Tallaght Hospital was discharged into homelessness**



Key issues raised by people attending the meetings included:

- Variation in the quality of services across different catchment areas
- Difficulties getting access to crisis supports out of hours
- Concern about the transition from Child and Adolescent Mental Health Services into adult services
- Difficulties faced by the deaf community when trying to access mental health services and supports

Quotes from these meetings are scattered throughout this annual report. Reports from the meetings and online feedback were sent to Minister Kathleen Lynch and to the HSE Mental Health Division, and are available on [www.mentalhealthreform.ie](http://www.mentalhealthreform.ie).



# Developing unifying positions

Throughout 2015, Mental Health Reform has continued to work with our member organisations, advisory groups, supporters and people using mental health services to drive reform of Ireland's mental health supports. We do this by consulting widely and building consensus on new policy positions.

Mental Health Reform continued to coordinate the **Children's Mental Health Coalition (CMHC)** throughout 2015, with more than 70 members involved, including representatives of 53 organisations. MHR hosted two meetings of the Coalition and its sub-groups during the year.



MHR's 2015 members' meeting with Anne O'Connor, HSE National Director for Mental Health.

**Mental Health Reform members** met twice in 2015 as a whole coalition, including a meeting with HSE Mental Health Division National Director Anne O'Connor.

Mental Health Reform's **Grassroots Forum** continued its work in 2015 providing feedback on the '*A Vision for Change: Nine Years On'* report. Members also provided feedback on the advocacy needs of people with mental health difficulties living in the community, and reviewed a survey instrument as part of research on this issue.

Our work to support the **Oireachtas Cross Party Group on Mental Health** continued in 2015, including two Leinster House briefings on youth mental health with Comhairle na nÓg and the CMHC. We also supported the Cross Party Group to produce an all-party pre-budget submission on mental health, published in October.

Mental Health Reform hosted a seminar on the Mental Health Act in November which was attended by 90 people from 40 different organisations. At the seminar, MHR presented a coalition analysis of the recommendations of the Expert Group on the Review of the Mental Health Act.



MHR's Grassroots Forum



Members of the Cross-Party Group on Mental Health launch their pre-budget submission

**"I used to feel like a patient. They would just throw medication at me but there are counselling services and I am treated differently now!"**

**Feedback from our public meetings in 2015**



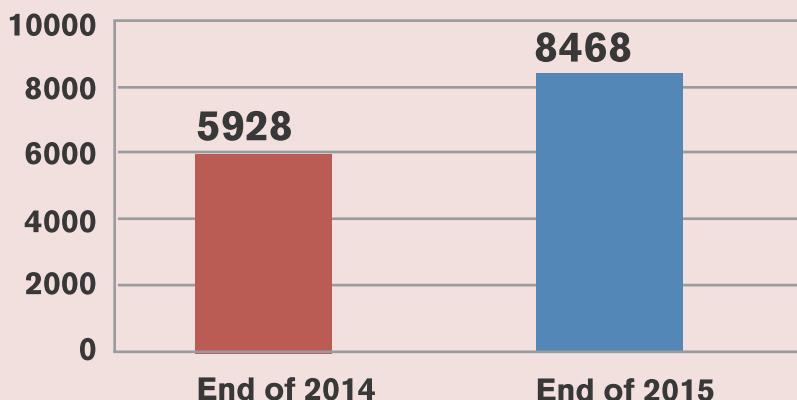
# Mobilisation

In 2015, Mental Health Reform continued to find opportunities to **raise public awareness** of the need for improved mental health services. We participated in the First Fortnight festival in January, co-hosting events on music, the creative arts and mental health, which were attended by 80 people in total.

We highlighted mental health in the media. MHR **appeared in the media on 77 occasions** throughout the year, across national and local newspapers, radio and television. **Our social media presence increased by 43%**, reaching almost 8,500 followers by the end of the year.

In 2015, Mental Health Reform continued to work in partnership with the National Office for Suicide Prevention's #littlethings campaign and with the See Change Green Ribbon anti-stigma campaign.

## Social Media Followers



**"Using the lived experience of service users is important. Don't make it tokenistic. People need to be supported, funded and trained to get their voices heard."**  
**Feedback from our public meetings in 2015**

**"If people from the hearing community don't feel listened to, imagine how much harder it is for the deaf community."**  
**Feedback from our public meetings in 2015**

## Pre-budget campaign

In August, we were joined by mental health activists and service users to launch a pre-budget campaign called "*Invest in my mental health*", asking the Government to



Volunteers at the launch of MHR's 2015 pre-budget campaign

fund mental health services and related social supports in Budget 2016.

As part of the campaign, MHR organised for local groups to make visits to their TD clinics to raise the issue of mental health. Visits took place in Wexford, Galway, Dublin and Mayo. 7,000 people signed an online petition to Government on funding. The petition was delivered to Minister Kathleen Lynch by 20 MHR member organisations. In Budget 2016, additional funding of €35 million was allocated for the development of mental health services.



# Mobilisation

## General Election campaign

In early 2015, Mental Health Reform drafted a general election manifesto and arranged meetings with the main political parties to discuss the manifesto recommendations, including:

- a nationwide school programme to build good mental health
- access to 24/7 crisis supports
- easy access to counselling
- a right to advocacy support, to help people with mental health difficulties access services
- advance healthcare directives, to give people the right to make choices about their own mental health treatment

In November, MHR launched a campaign to keep mental health on the political agenda, ahead of a Spring 2016 General Election. Called **Our state of mind**, the campaign called on voters to remind candidates to make mental health a priority.

Candidates' debates were held in Cork city and in Castlebar in



In total, 9,000 General Election leaflets were distributed. Many of MHR's recommendations were evident in party manifestos published in early 2016.

**"After being discharged from hospital, where do you go? There is a limit of 3 or 4 sessions with the community nurse."**

## Feedback from our public meetings 2015



late 2015, and were attended by over 100 people in total, as well as by sitting TDs and candidates from most political parties.



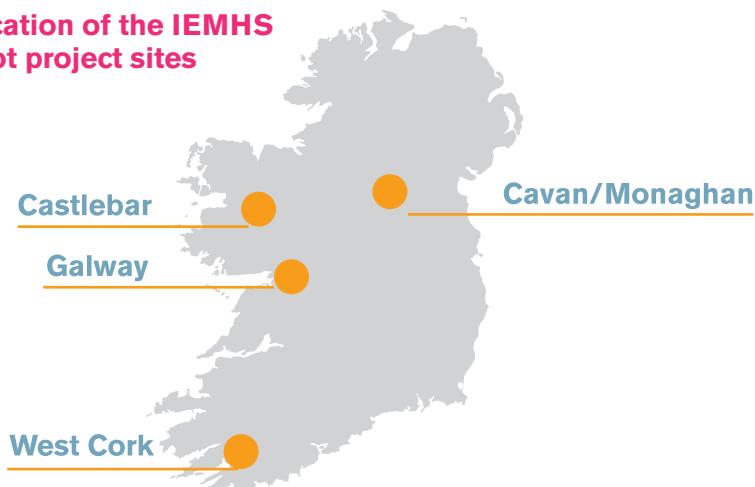
# Developing and disseminating good practice guidance and piloting innovations

## Integrating Employment and Mental Health Supports pilot project

In mid-2015, a Mental Health Reform pilot project on supported employment began, with funding from Genio and in conjunction with the HSE and Department of Social Protection. The project aims to demonstrate how existing mental health and supported employment (Employability) services can fulfil the best practice Individual Placement and Support (IPS) model of supported employment through improved integration.

Operating across four sites, the project aims to provide integrated mental health and employment support for 20 individuals per site over 2 years, catering for 80 individuals in total.

### Location of the IEMHS pilot project sites



## Consumer Forum training, Donegal

Mental Health Reform delivered 2 days of advocacy training to 16 members of the Letterkenny Consumer Forum in December. This training was carried out with the assistance of our member organisation STEER in Donegal, and included inputs on mental health policy, the Mental Health Commission Quality Framework, and advocacy and campaigning techniques.

## Ethnic minority guidelines

Following on from the publication in 2014 of the briefing paper *Ethnic Minorities and Mental Health: a position paper*, Mental Health Reform worked with its Ethnic Minorities Advisory Group in 2015 to develop guidelines for mental health services and



staff on providing culturally appropriate mental health care. The guidelines are due for publication in 2016.

**"I had a social worker helping me to find accommodation but she went on maternity leave and hasn't been back since. I just want to move out of home for the first time so my parents can see me happy and living independently before they pass away."**

**Feedback from our public meetings in 2015**



## Holding Government and its agencies to account

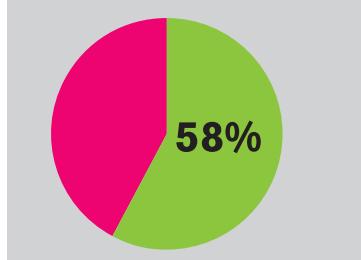
In 2015 Mental Health Reform sought to hold the Government, the HSE and other agencies to account and to monitor their actions against any commitments made.

In June 2015, Mental Health Reform published an assessment of the implementation of *A Vision for Change* so far, '*A Vision for Change: Nine Years On*'. This report outlined the progress that the government and the HSE have made in implementing the policy since 2006.

A number of gaps were identified, including:

- Low participation of people with a mental health disability in the labour force
- Gaps in mental health services for people who are homeless
- Severe staff shortages in mental health services for people with intellectual disability

2.3. Proportion of homeless people in Dublin & Limerick with a mental health diagnosis <sup>23</sup>



**"It's time for all of us to make mental health an issue on the doorsteps, to remind candidates to make it a priority. If we don't, we will have missed the opportunity to make the wellbeing of our people central to this country's recovery over the next five years, and maybe even for the next 100!"**

**Shari McDaid, opinion piece in The Irish Times, December 2015**

Following the publication of Budget 2016, we completed a Snapshot Analysis for members and supporters of the Budget commitments relevant to mental health. This was followed in early 2016 by a Snapshot Analysis of the HSE Mental Health Division Operational Plan 2016.

We used Parliamentary Questions as a way of getting information on progress, as well as asking the HSE directly for information that fed in to the '*A Vision for Change: Nine Years On*' report. Within the Houses of the Oireachtas, MHR continued to build relationships with TDs and Senators interested in mental health.



# Governance & Sustainability

In 2015, Mental Health Reform's Board approved a Strategic Plan update for 2015-17 with the following targets:

- The Government ensures high quality, community based primary care and specialist mental health services are available and accessible to everyone in Ireland.
- The espoused values and principles of *A Vision for Change* exemplified by citizenship, partnership, recovery and respect underpin mental health service delivery in Ireland.
- Government improves the social inclusion of people with mental health difficulties.
- Government ensures that children and adolescents have adequate, prompt access to a range of mental health supports to promote their mental wellbeing and address mental health difficulties at an early stage.
- The Government and HSE ensure a transformed system for governance and accountability.

The Board reviewed our compliance with the Governance Code in February

and October 2015. The organisation completed the required reporting to the Charities Regulatory Authority in October and filed 14 returns to the Lobbying Register for the period from 1st September to 31st December. The Board carried out a Board Effectiveness Review between July and December.

MHR's third AGM was held on 2nd July 2015 with 29 representatives and Board members attending.

During 2015, MHR benefited from a major grant from the Community Foundation for Ireland, and smaller grants from the Citizens Information Board, The Ireland Funds and the St. Stephen's Green Trust. MHR was a recipient of donations from the Rehab Group, St. Patrick's Mental Health Services, Saint John of God Hospital, HAIL – the Housing Association for Independent Living, and Dublin Simon Community. MHR also continued to benefit from funding from the Statutory Scheme for National Organisations and a grant from Genio for MHR's pilot project on supported employment.

In December 2015, MHR put on a fundraising performance of Fishamble's Silent, by Pat Kinevane, which was very



successful. Our sincere thanks to Pat Kinevane and all the team at Fishamble for giving their time and creativity.

## Thank you to our funders in 2015!

- The Community Foundation for Ireland
- The Citizens Information Board
- The Department of the Environment, Community and Local Government, Scheme to Support National Organisations 2014-2016
- Dublin Simon Community
- Genio
- HAIL – the Housing Association for Independent Living
- The Ireland Funds
- The Rehab Group
- Saint John of God Hospital
- St. Patrick's Mental Health Services
- St. Stephen's Green Trust

Thank you also to our other anonymous individual donors who helped make our work possible.



# Accounts

## INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2015

	2015 €	2014 €
<b>INCOME</b>	310,768	237,964
<b>Gross profit</b>	310,768	237,964
Administrative expenses	(311,740)	(239,834)
Other operating income	972	1,870
<b>Operating profit</b>	-	-
<b>Profit for the year</b>	-	-
<b>Other comprehensive income:</b>		
<b>Total comprehensive income for the year</b>	-	-

All amounts relate to continuing operations.

There were no recognised gains and losses for 2015 or 2014 other than those included in the income statement.

### 1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements  
The financial statements have been prepared in accordance with Financial Reporting Standard 102, the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland and Irish statute comprising of the Companies Act 2014. Information on the impact of first-time adoption of FRS 102 is given in note 14. The preparation

of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires management to exercise judgment in applying the Company's accounting policies (see note 2).

The following principal accounting policies have been applied:

#### 1.2 Income

The income shown in the income and expenditure account represents grants

from funders, donations, payments for research services, deposit interest, training and membership income invoiced during the period. Income not applied or expended in the period is deferred to future accounting periods.



# Accounts

## BALANCE SHEET 31ST DECEMBER 2015

	2015 €	2014 €
<b>CURRENT ASSETS</b>		
Debtors: amounts falling due within one year	1,431	21,920
Cash at bank and in hand	<u>313,819</u>	<u>259,294</u>
	315,250	281,214
CREDITORS: Amounts falling due within one year	<u>(315,250)</u>	<u>(281,214)</u>
<b>Net current assets</b>	-	-
<b>Total assets less current liabilities</b>	-	-
<b>Net assets</b>	-	-
<b>Capital and reserves</b>	-	-
<b>Shareholders' funds</b>	-	-

The financial statements were approved and authorised for issue by the board on 21 March 2016.

## CASH FLOW STATEMENT YEAR ENDED 31ST DECEMBER 2015

Adjustments for:		
Increase in debtors	20,489	4,167
Increase in creditors	34,036	(73,749)
<b>Net cash generated from operating activities</b>	<u>54,525</u>	<u>(69,582)</u>
<b>Net increase / (decrease) in cash and cash equivalents</b>	<u>54,525</u>	<u>(69,582)</u>
Cash and cash equivalents at beginning of year	259,294	328,876
<b>Cash and cash equivalents at the end of year</b>	<u>313,819</u>	<u>259,294</u>
<b>Cash and cash equivalents at the end of year comprise:</b>		
Cash at bank and in hand	313,819	259,294
	<u>313,819</u>	<u>259,294</u>

This is an extract from the audited financial statements of Mental Health Reform for the year ending 31st December 2015.  
Fully audited accounts available on request from Mental Health Reform or online at [www.mentalhealthreform.ie/transparency](http://www.mentalhealthreform.ie/transparency)



# Accounts

## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF MENTAL HEALTH REFORM

We have audited the financial statements of Mental Health Reform for the year ended 31 December 2015. The relevant financial reporting framework that has been applied in their preparation is the Companies Act 2014 and accounting standards issued by the Financial Reporting Council and promulgated by the Institute of Chartered Accountants in Ireland (Generally Accepted Accounting Practice in Ireland) including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND AUDITORS

As explained more fully in the Directors' Responsibilities Statement

(in the full accounts), the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view and otherwise comply with the Companies Act 2014. Our responsibility is to audit and express our opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

## SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Directors' Report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially

inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view, of the assets, liabilities and financial position of the Company as at 31 December 2015 and of its results for the year ended; and
- have been properly prepared in accordance with Generally Accepted Accounting Practice in Ireland and in particular with the requirements of the Companies Act 2014.

## MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY THE COMPANIES ACT 2014

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited.
- The financial statements are in agreement with the accounting records.



# Accounts

## MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the provisions in the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by section 305 to 312 of the Act are not made.

Timothy F. Carthy  
for and on behalf of  
**Duignan Carthy O'Neill**  
Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Ballsbridge  
Dublin 4

21 March 2016

### Board of Directors

Edmond Molloy  
Colette Nolan  
Sam McGuinness  
Paul Flynn  
Jacinta Hastings  
Caroline McGrath  
Carol Moore  
Paul Kelly (Resigned 10 September 2015)  
Karl Richardson  
Stephen Treacy  
Tanya Ward (appointed 2 July 2015)

### Company secretary

Caroline McGrath

### Registered office

Coleraine House  
Coleraine Street  
Dublin 7

### Auditor

Duignan Carthy O'Neill,  
Chartered Accountants,  
Registered Auditors,

84 Northumberland Road,  
Ballsbridge, Dublin 4.

### Bankers

Bank of Ireland  
34 College Green  
Dublin 2

KBC Bank Ireland Plc  
Sandwith Street  
Dublin 2

Ulster Bank  
P.O. Box 145  
33 College Green  
Dublin 2

### Solicitors

Millett & Matthews  
Main Street  
Baltinglass  
Co. Wicklow

An extract from the audited financial statements of Mental Health Reform for the year ended 31st December 2015. Fully audited accounts available on request from Mental Health Reform or online at [www.mentalhealthreform.ie/transparency](http://www.mentalhealthreform.ie/transparency)



# Our Members – 2015

Amnesty International Ireland  
Association of Occupational Therapists of Ireland  
Aware  
Bloomfield Health Services  
Bodywhys  
Cairde  
Children's Rights Alliance  
College of Psychiatrists of Ireland  
Console  
Cork Mental Health Foundation  
De Paul Ireland  
DeafHear.ie  
Disability Federation of Ireland  
Dual Diagnosis Ireland  
Dublin Simon Community  
Exchange House  
Focus Ireland  
Gateway Mental Health Project  
Gay and Lesbian Equality Network  
GROW  
Hail – Housing Association for Integrated Living  
Headstrong – National Centre for Youth Mental Health

Huntington's Disease Association of Ireland  
Inclusion Ireland  
Institute of Clinical Hypnotherapy and Psychotherapy (ICHP) Graduate Association  
Irish Advocacy Network  
Irish Association for Counselling & Psychotherapy  
Irish Association of Infant Mental Health  
Irish Association of Social Workers  
Irish Association of Speech and Language Therapists  
Irish Council for Psychotherapy  
Irish National Council of ADHD Support Groups  
Irish Penal Reform Trust  
Irish Refugee Council  
Irish Society of Chartered Physiotherapists  
Mental Health Ireland  
Merchants Quay Ireland  
MyMind – Centre for Mental Wellbeing  
National Association for Pastoral Counselling and Psychotherapy  
Peter McVerry Trust

Psychological Society of Ireland  
Rehab Group  
Respond! Housing Association  
Samaritans  
Shine  
Simon Communities of Ireland  
Slí Eile Housing Association  
SpunOut  
St John of God Hospital  
St Patrick's University Hospital  
STEER  
Suicide or Survive  
The Alzheimer Society of Ireland  
Threshold Training Tallaght



## 2015 in photos





## About Mental Health Reform

Mental Health Reform is the national coalition advocating for improved mental health services and the social inclusion of people with mental health difficulties.

## The values that guide our work



**Mental Health Reform**  
Promoting Improved Mental Health Services

Mental Health Reform,  
Coleraine House,  
Coleraine Street,  
Dublin 7

[www.mentalhealthreform.ie](http://www.mentalhealthreform.ie)  
[www.mentalhelp.ie](http://www.mentalhelp.ie)  
**T.** (01) 874 9468  
**E.** [info@mentalhealthreform.ie](mailto:info@mentalhealthreform.ie)

[mentalhealthreform](#)  
 [@MHRform](#)

Reg number: 506850  
CHY:19958

