



Mental Health Reform

Promoting Improved Mental Health Services

Briefing note on the Mental Health (Amendment) (No.2) Bill 2017

19th June 2017

There is a Bill going through the Oireachtas at the moment which would update the Mental Health Act, 2001 in a few key ways. It has been proposed by Fianna Fáil and is due to go before the Oireachtas Committee on Health for examination on 22nd June 2017.

The Bill contains certain significant changes that strengthen the rights of people when they are in hospital for mental health care.

The Bill will also support the right of inpatients to make decisions about their own treatment by linking the Mental Health Act, 2001 with recent law that affirms everyone should be presumed to have capacity to make decisions.¹ This includes providing people with the supports they need to be able to make decisions.

The changes in the Bill are:

- Introduce a definition of a 'voluntary patient' to include only people who have capacity to make their own decisions (with support if required) and who do give their consent to admission to hospital.

At the moment, people who do not have the capacity to consent to admission and who do not object to admission are being considered voluntary patients, even though they are not able to consent to admission. They do not receive external review of their detention, nor the oversight protections provided to 'involuntary patients'.

- Replace the existing principle of 'best interests' under the Mental Health Act, 2001. This principle has been interpreted very paternalistically in the Courts and has sustained a culture where, at times, the views of the doctor have been given priority over the views of the service user. The Bill would replace 'best interests' with the guiding principles of the Assisted Decision-Making (Capacity) Act 2015 (for example, respecting the will and preferences of the person). It empowers people to be the decision-makers over their own care.

The Bill would also introduce the other human rights principles of the right to the 'highest attainable standard of mental health' and the right to 'least restrictive care'. The Irish Government is already signed up to these human rights standards.

- Retain the principle of 'best interests' in decisions made under the Act (about admission and treatment) for children and young people under the age of 18 years. This is important because it is still appropriate for decisions about children's and adolescent's mental health

¹ Assisted Decision-Making (Capacity) Act 2015.

care to be made with 'best interests' in mind, in keeping with international human rights law.² The 'best interests' principle should take account of the views of the child or adolescent, as well as their will and preferences.

- Affirm that both voluntary and involuntary patients with decision making capacity cannot be given treatment without their consent except in certain circumstances set out in the Mental Health Act, 2001. Currently, it is not clear under the Act that consent to treatment is required from both voluntary and involuntary patients.

In addition to making some valuable improvements, the Bill is also important because it provides an opportunity to highlight the need to amend the Mental Health Act, 2001 in full and the seriousness of continued human rights violations of people who are being treated in hospital for a mental health difficulty. To date, only one of the 165 recommendations of the Expert Group report on review of the Mental Health Act, 2001 has been implemented. Furthermore, the Government has repeatedly failed to meet its own timetable for updating the Act. At the moment, there is not even a mention of revisions to the Act in the Government's current legislative programme.

Enacting this legislation would be a positive step towards achieving full amendment of the Mental Health Act, 2001 in line with the recommendations of the Expert Group and Mental Health Reform's own recommendations. It could contribute, in some part, to the Irish Government's fulfilment of international human rights law, including under the European Convention on Human Rights and the UN Convention on the Rights of Persons with Disabilities (UNCPRD). Currently, the Mental Health Act, 2001 is clearly not compliant with either Convention.

For further information on the Mental Health (Amendment) (No.2) Bill 2017 please contact Kate at kmitchell@mentalhealthreform.ie or at 086 024 5409.

Links to resources

- The Mental Health (Amendment) (No. 2) 2017 Bill can be accessed at this link - <https://www.oireachtas.ie/documents/bills28/bills/2017/2317/b2317d.pdf>
- Mental Health Reform's analysis of the Report of the Expert Group on the Review of the Mental Health Act, 2001 can be accessed at this link - https://www.mentalhealthreform.ie/wp-content/uploads/2015/12/Mental-Health-Act-Review-Analysis_23.11.15.pdf

² UN Convention on the Rights of the Child.