

# ANNUAL REPORT 2016



**Mental Health Reform**  
Promoting Improved Mental Health Services

## Mental Health Reform's Vision

An Ireland where people experiencing mental health difficulties can recover their well-being and live a full life in their community.

## Mission statement

Mental Health Reform's mission is to be the unifying voice that drives progressive reform of mental health supports in Ireland.



Candidates take part in the 'Our State of Mind' General Election debate in Dublin



# Contents

Foreword	2
Chairperson's message	4
Representing the sector	6
Identifying unmet needs	7
Developing unifying positions	8
Mobilisation	10
Good practice guidance/ piloting innovations	12
Governance	14
Accounts	16
Our members – 2016	21
Target Outcomes	22
2016 in numbers	23

# Foreword

## 2016 – Raising our united voice

**I am pleased to share with you Mental Health Reform's annual report for 2016. As a coalition with a strong and engaged membership, and with the support of thousands of individuals, we have had a major impact on debates about the mental health system in 2016.**

During 2016, MHR's supporter base grew by 50% on social media as more individuals connected to our campaigns. We also welcomed the Traveller Counselling Service as a new member in 2016, bringing the coalition's membership up to 55 organisations by the end of the year.

The coalition engaged in meaningful activities to inform the development of Ireland's mental health system, including:

- Submitting ten policy submissions to the Oireachtas, Government and its agencies
- Publishing *Ethnic Minorities and Mental Health: Guidelines for mental health services and staff on working with people from ethnic minority communities*, in partnership with the Mental Health Commission
- Holding a seminar on advance directives in mental health
- Running the final candidates' debate as part of MHR's 'Our State of Mind' general election campaign
- Organising a national demonstration on 28th April calling for reversal of the Government's decision to divert €12M in mental health development funding, with 400 demonstrators in Dublin and solidarity events in Cork, Donegal, Galway, Maynooth, and Limerick
- Promoting the 'In Our Hour of Need' online petition for 24/7 holistic, community-based mental health services that achieved 10,000 signatures within 5 days
- Researching homeless people's experience of accessing mental health supports, in partnership with Dublin Simon Community

- Piloting best practice in supporting people into employment through the Integrating Employment and Mental Health Supports (IEMHS) project in four sites across Ireland
- Engaging as the sole Irish partner in a European innovation project on eMental Health (eMEN project).

Our impact was realised in action by the Government in 2016, including:

- An additional €15 million in the budget for 2017 for new developments to implement *A Vision for Change*
- An increase of 103 filled whole time equivalent posts in the mental health services during 2016

While there is much more work to do to achieve our vision of an Ireland where everyone can recover their wellbeing and live a full life in the community, we can be encouraged by the impact we have had so far.

On behalf of the MHR team, I'd like to thank outgoing Chairperson, Caroline McGrath, for her steady stewardship of the organisation during 2016. We were excited to welcome new Chairperson Professor Agnes Higgins in November. She brings a wealth of experience and expertise about improving Ireland's mental health services and will help to guide our work along with the rest of our dedicated Board of Directors. My sincere thanks also to all of our supporters, funders and members who sustain MHR as a vibrant and resourced organisation. MHR's achievements are yours.



—  
Shari McDaid, Director

# Introduction

## Chairperson's message

**It is an honour to have been appointed Chairperson of Mental Health Reform in November, 2016. As a practitioner having worked within traditional mental health services, and as an educator of future mental health professionals I am all too aware of the major cultural and structural changes needed to bring mental health care in Ireland to a similar standard as those in better performing countries.**

Mental Health Reform has a unique role in drawing together the strengths, expertise and experience of a wide range of people and organisations concerned about mental health and providing a clear, coordinated voice to Government and its agencies.

2016 marked ten years since publication of *A Vision for Change*. While we await the review of this policy and from the vantage point of 2017, there is much in Ireland's mental health system that requires transformation.

For one, there is greater demand for services. Between 2014 and 2015 the number of referrals to the Counselling in Primary Care (CIPC) service increased by 18%; referrals to child and adolescent community mental health services increased by 25% from 2012 to 2015.

Yet, the public resources available have not kept pace with demands. One-third of the population does not have access to seven-day mental health services and many people have difficulty accessing crisis support outside of office hours. At the other end of the continuum, too few people can access support in primary care that could potentially prevent the need for crisis supports arising.

Beyond sheer demand, however, the reality of life lived by many does not yet reflect the recovery ethos in *A Vision for Change* and social inclusion has yet to be realised for many. Equal rights to self-determination in decisions about mental health treatment also have not been achieved.

As we go to print the outcomes of the Youth Mental Health Taskforce and the review of *A Vision for Change* are not yet known, while the Oireachtas Committee on the Future of Healthcare has just published its report. Mental Health Reform will continue to work with relevant policymakers to ensure that our positions are at the heart of future changes. Getting updated mental health legislation will also be a key focus for Mental Health Reform's advocacy during 2017. We will also be watchful of the changing context for better mental health care. Re-structuring within the HSE, gradual moves towards commissioning of services, and universal healthcare are on the horizon. Mental Health Reform will monitor these developments and seek that in any new arrangements, mental health is in the best possible position.

The Board continues to take seriously our responsibilities for good governance and accountability to our members and funders. We comply with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations and have reported as required to the Charities Regulatory Authority and the Standards in Public Office Commission.

My sincere thanks to all of our Board members, and particularly to outgoing Chairperson Caroline McGrath, whose wise stewardship helped sustain MHR in 2016. In 2016 we said farewell to Board members Paul Flynn, Jacinta Hastings and Sam McGuinness who have been involved in the early years of MHR's development, as well as Karl Richardson. I sincerely thank them for their service. Majella Darcy, Mark Byrne, Oliver



Duffy and Ali Rochford joined the Board during the year and contributed well with our other Directors to the organisation's sound governance. Finally, I would like to acknowledge the commitment of MHR's small, hard-working team. Their efforts have leveraged the value of our coalition to maximum effect.

—  
Agnes Higgins  
Chairperson,  
Mental Health Reform

## Representing the sector

MHR continued to **represent the mental health sector** to Government, the HSE and other public agencies throughout 2016.

In 2016, Mental Health Reform held meetings with:

- Minister of State for Mental Health and Older People, Helen McEntee, TD
- Minister for Social Protection Leo Varadkar, TD
- HSE National Director for Mental Health, Anne O'Connor
- CEO, Patricia Gilheaney and Director of Standards and Quality Assurance/Director of Training and Development, Rosemary Smyth, both of the Mental Health Commission
- Ombudsman, Peter Tyndall
- Ombudsman for Children, Dr. Niall Muldoon

MHR also engaged with the changing political sphere, meeting with TDs and Senators from Fianna Fáil, Labour, People Before Profit Alliance, Sinn Féin, and independent TDs and Senators.

Key to MHR's impact has been communication with Government Departments both in and beyond the health sector.

Mental Health Reform made 10 submissions to Government and its agencies, including:

- a submission on review of *A Vision for Change*
- a submission to the Oireachtas Committee on the Future of Healthcare
- a submission to phase three of the consultation on the National Disability Strategy Implementation Plan
- a submission to the Oireachtas Committee on Housing and Homelessness
- a submission to Strand 3 of the Comprehensive Employment Strategy
- comments to the HSE on standards for mental health services, and
- a submission on budget 2017

Staff of Mental Health Reform represented the mental health sector on the HSE's Advancing Recovery in Ireland Steering Committee, Service Reform Fund Implementation Group, Disability Stakeholders Group, Housing Strategy for People with Disabilities Sub-Group, Department of Social Protection Consultative Forum and the Comprehensive Employment Strategy Implementation Group.



Sonya Felton, Rehab; Helen McEntee, TD, Minister of State for Mental Health and Older People; Ali Rochford, Gateway; and Karen Galligan, Mental Health Ireland at the 2016 AGM

During 2016, Shari McDaid was appointed by Minister of State Helen McEntee, TD to the Youth Mental Health Taskforce.

MHR continued to coordinate and chair the Children's Mental Health Coalition. In January, on behalf of the Children's Mental Health Coalition, Policy & Research Officer Kate Mitchell attended the UN Committee on the Rights of the Child's review of Ireland in Geneva, Switzerland.

Mental Health Reform continued to provide an authoritative voice for improvement in mental health services on national TV, radio and in the print media, providing information and analysis to relevant public discussions.

# Identifying unmet needs

## Homelessness and Mental Health

Mental Health Reform also continued the 'Homeless Adults Speak Out on Mental Health' project in partnership with Dublin Simon Community. Research into homeless people's experience of accessing mental health supports was completed in 2016 and will be published in 2017. Training in collective advocacy began with clients of Dublin Simon Community towards the latter part of 2016.

## Community Needs Consultation

Mental Health Reform worked on the Community Advocacy Needs pilot survey, analysing the data and writing up the draft report for this research that assessed mental health service users' need for community-based one-to-one advocacy supports. The report is due to be published in 2017.

Planning also took place to conduct a national consultation with people who use mental health services and their families/carers. Two surveys, one for service users and one for family members/carers were developed and piloted. The consultation is due to take place during 2017.

## Developing unifying positions

Throughout 2016, Mental Health Reform has continued to work with our member organisations, advisory groups, supporters and people using mental health services, to advise Government and its agencies on the consensus views on how to reform Ireland's mental health support system. Our organisation continued to consult with its advisory groups: the Grassroots Forum consisting of service user and family/carer nominees from its member organisations; the Ethnic Minorities Advisory Group, Homeless Sector Advisory Group and Multidisciplinary Advisory Group.

Mental Health Reform continued to coordinate the **Children's Mental Health Coalition** throughout 2016, with more than 70 members involved. MHR consulted with the CMHC on our policy positions and hosted one meeting of the Coalition during the year.

**Mental Health Reform members** met twice in 2016 as a whole coalition, including hosting Minister of State for Mental Health, Helen McEntee, TD at the organisation's AGM in July.

**The Grassroots Forum** held three meetings, including meetings with Liam Hennessy, Head of HSE Mental Health Service User and Family Engagement, and Fergus Finlay, Chair of the Comprehensive Employment Strategy Implementation Group.

Mental Health Reform continued to provide the secretariat for the **Oireachtas Group on Mental Health**, informing members of the Oireachtas about unmet needs for mental health support and good practice solutions to these gaps.

In December, the organisation held **a seminar on advance directives** in mental health in order to inform stakeholders about how to update Irish legislation in this regard. Speakers at the seminar included John Oliver (a lawyer from Virginia, USA specialising in advance directives), Prof. Peter Bartlett (UK), Dr. Fiona Morrissey and Dr. Liz Brosnan.

The Grassroots Forum held three meetings, including meetings with Liam Hennessy, Head of HSE Mental Health Service User and Family Engagement, and Fergus Finlay, Chair of the Comprehensive Employment Strategy Implementation Group.



Mental Health Reform hosting Minister of State for Mental Health Helen McEntee, TD at the AGM in July



Oireachtas group on Mental Health: L-R: Senator Frances Black, Deputy Tom Neville, Deputy Mary Lou McDonald, Deputy James Browne and Deputy Catherine Martin.



L-R: Prof. Peter Bartlett, Dr. Shari McDaid, John Oliver, Dr. Fiona Morrissey and Susan McFeely attend the seminar on advance directives

## Mobilisation

During 2016, the coalition continued to help **make the public support for reform of mental health services visible.**

In January and February, Mental Health Reform concluded the coalition's **general election campaign 'Our State of Mind'**. The final public meeting of the campaign was held in Dublin on 13th January with 130 attendees, and a Tweetathon was held on 14th January which achieved 65,500 impressions and 384 tweets.

This campaign was followed by **a national demonstration** in April, organised by Mental Health Reform in partnership with the Union of Students in Ireland, to show support for **reversing the Government's decision to divert €12M** in mental health development funding to other areas of the public health service. The #IAmAReason trended on twitter during the demonstration period. Over 400 people attended the demonstration outside Leinster House and many more participated in local events across the country.

On 22nd November, 2016 the **'In Our Hour of Need'** campaign was launched by Mental Health Reform in partnership with A Lust for Life, Future Voices and Uplift which consisted of an online petition for 24/7, holistic, community-based mental health services. With support from MHR's member organisations, the campaign achieved 10,000 signatures within five days.

We highlighted mental health in the media. **MHR appeared in the broadcast and print media** throughout the year, across national and local newspapers, radio and television. Our **social media presence increased** from 3,645 to 5,497 followers on Facebook and 8,468 to 13K followers on Twitter.

'Our state of mind'  
General Election  
debate in Dublin

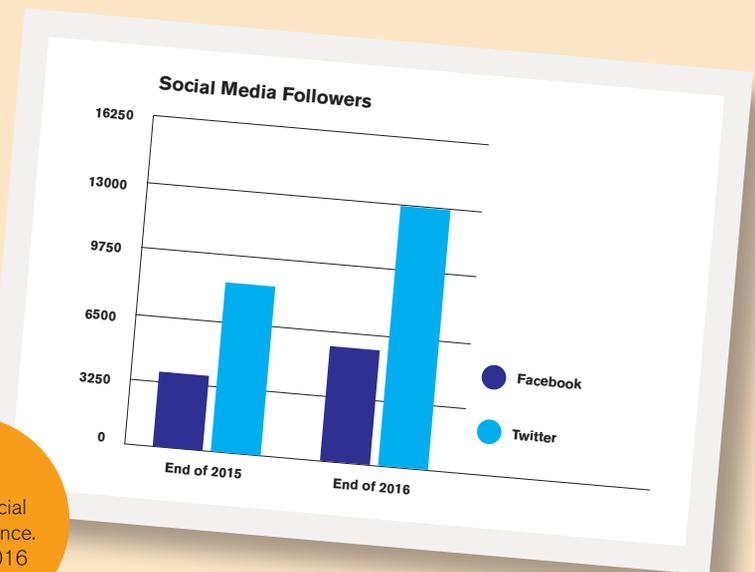


National  
demonstration  
outside Leinster  
House on  
28th April

Handover of the 'In Our  
Hour of Need' petition to  
Minister of State Helen  
McEntee with Emily Duffy  
from Uplift Susan Quirke  
from A Lust For Life and  
Shari McDaid, MHR



MHR's  
growing social  
media presence.  
2015 vs 2016



## Good practice guidance/ piloting innovations

### Integrating Employment and Mental Health Supports project

During 2016, MHR continued to provide project management for the Integrating Employment and Mental Health Supports (IEMHS) pilot project. The best practice approach to supporting people with severe mental health difficulties operated across four sites: Bantry, Castlebar, Cavan/Monaghan and Galway. The organisation conducted fidelity evaluations in each of the four sites and facilitated two learning workshops with the sites.

### Location of the IEMHS pilot project sites





### eMental Health Innovation – the eMEN project

In June Mental Health Reform began work as Irish partner in the e-mental health innovation and transnational implementation platform North West Europe (eMEN) project. During the life of the project, the project partners will select five technology products that are focused on supporting people with anxiety, depression and post-traumatic stress. With the support of the HSE, we will arrange for further development and trialing of one or two of the products and develop a rapid testing method for mental health Apps. MHR will engage widely with stakeholders to develop a shared understanding of the potential for digital technology to empower people experiencing a mental health difficulty.



### Ethnic minority guidelines

In December 2016, and in partnership with the Mental Health Commission, Mental Health Reform published Ethnic Minorities and Mental Health: Guidelines for mental health services and staff on working with people from ethnic minority communities. MHR's Ethnic Minorities Advisory Group played a key role in shaping the guidelines.

**'Cultural and language barriers, stigma and shame attached to mental health, and lack of trust in institution are some of the barriers to access mental health services for ethnic minorities. Discrimination and racism, isolation and loneliness, and financial difficulties can lead to mental health issues. Our participation in Mental Health Reform provided us with a sound platform to raise awareness about these issues and to lobby for more mental health services and research into mental health of migrants in Ireland.'**

– Member of Ethnic Minorities Advisory Group

# Governance

In 2016 Mental Health Reform complied with the Governance Code for charities.

The Board of Directors met on seven occasions in each of January, March, May, July, August, September and November. The Finance & Audit Sub-Committee and the Fundraising Committee each met on five occasions, in February, May, July, September and November. The Nominations Committee met in March and August in order to consider nominations for Chairperson and for vacancies on the Board.

The Board approved a policy on supporting individuals to share their stories with the media, and a policy on safeguarding vulnerable adults. The Finance & Audit Committee reviewed the Reserves Policy in February and the Board reviewed the Data Protection Policy in July.

## Strategic Plan 2015-2017 – Core Activities

Represent the mental health sector

Develop unifying positions

Identify unmet needs for mental health services and related supports

Develop good practice guidance and pilot innovations

Disseminate good practice guidance to service users, family members, professionals and policy-makers

Mobilise support, and

Hold Government and its agencies to account

On 6th July the Annual General Meeting was held, with 28 representatives and Board Directors attending. On 28th November, 2016 an

Extraordinary General Meeting was held and an updated Constitution in accordance with the Companies Act, 2014 was approved by the membership.

In 2016 MHR once again benefited from a fundraising performance of Fishamble's Silent, by Pat Kinevane. We are grateful to Pat and Fishamble for supporting the organisation in this special event which was enthusiastically supported by our friends.

**Thank you to our funders in 2016!**

**We also express our sincere thanks to our statutory and philanthropic funders who sustained the coalition's activities during the year:**

- The Community Foundation for Ireland
- Genio
- The Ireland Funds
- St. Stephen's Green Trust

- Pobal (Support Scheme for National Organisations)
- HSE Mental Health Division
- HSE (National Lottery)
- Dept. of Health (National Lottery)
- ESB
- Irish Human Rights and Equality Commission (IHREC)
- Interreg North West Europe

**Thank you also to the individual supporters who donated and organised their own fundraising events on our behalf throughout the year for making our work possible.**

WRITTEN & PERFORMED BY PAT KINEVANE	UNITARIAN CHURCH, ST. STEPHEN'S GREEN, DUBLIN 2
DIRECTED BY JIM CULLETON	6:30PM, FRI 4 DECEMBER
PRODUCED BY MARKETA DOWLING	TICKETS €20 / €15
MUSIC COMPOSED BY DENIS CLOHESSY	BOOKING <a href="http://www.mentalhealthreform.ie">www.mentalhealthreform.ie</a>
	ENQUIRIES (01) 874 9468
<a href="http://www.fishamble.com">www.fishamble.com</a>	OR <a href="mailto:info@mentalhealthreform.ie">info@mentalhealthreform.ie</a>

# Accounts

## INCOME AND EXPENDITURE ACCOUNT YEAR ENDED 31 DECEMBER 2016

	Note	2016 €	2015 €
INCOME	4	<b>380,684</b>	310,768
<b>Gross Income</b>		<b>380,684</b>	310,768
Administrative expenses		(357,398)	(311,740)
Other operating income	5	596	972
<b>Operating Income</b>	6	23,882	–
<b>Surplus for the year</b>		23,882	–
<b>Other comprehensive income</b>			
<b>Total comprehensive income for the year</b>		<b>23,882</b>	–

All amounts relate to continuing operations

### SURPLUS FOR THE FINANCIAL YEAR

All of the activities of the company are classed as continuing. The company has no recognised gains or losses other than those included in the income and expenditure account. These financial statements were approved by the directors and authorised for issue on the 26th May 2017 and are signed on their behalf by: Agnes Higgins and Mark Byrne, Directors.

### Basis of accounting

The financial statements have been prepared in accordance with Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and Irish statute comprising of the Companies Act 2014.

The preparation of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires management to exercise judgment in applying the Company's accounting policies.

### Income

The income shown in the income and expenditure account represents grants from funders, donations, payment for research services, deposit interest, training and membership income invoiced during the period. Income not applied or expended in the period is deferred to future accounting periods.

# Accounts

## BALANCE SHEET 31ST DECEMBER 2016

	Note		2016 €	2015 €
<b>Current Assets</b>				
Debtors: amounts falling due within one year	9	<b>164,401</b>	1,431	
Cash at bank and in hand	10	<b>217,049</b>	313,819	
		<b>381,450</b>	315,250	
<b>CREDITORS: Amounts falling due within one year</b>				
	11	<b>(357,568)</b>	(315,250)	
<b>Net Current Assets</b>			23,882	–
<b>Total Assets Less Current Liabilities</b>			23,882	–
<b>Net Assets</b>			<b>23,882</b>	
<b>Capital and reserves</b>				
Income and expenditure account			23,882	–
<b>Members' Funds</b>			<b>23,882</b>	–

These financial statements were approved by the directors and authorised for issue on the 26th May 2017 and are signed on their behalf by: Agnes Higgins and Mark Byrne, Directors.

# Accounts

## STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 31 DECEMBER 2016

	Income and expenditure account €	Total funds €
<b>Comprehensive income for the year</b>	<b>23,882</b>	23,882
Surplus for the year	23,882	23,882
<b>Total comprehensive income for the year</b>	<b>23,882</b>	<b>23,882</b>
<b>Total transactions with members</b>	–	–
<b>At 31 December 2016</b>	<b>23,882</b>	<b>23,882</b>

## STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 31 DECEMBER 2015

		Total funds €
<b>Total comprehensive income for the year</b>		–
<b>Total transactions with members</b>		–

## CASH FLOW STATEMENT YEAR ENDED 31 DECEMBER 2016

	2016 €	2015 €
<b>Cash flows from operating activities</b>		
Surplus for the financial year	<b>23,882</b>	–
<b>Adjustments for:</b>		
(Increase)/decrease in debtors	(162,970)	20,489
Increase in creditors	42,318	34,036
<b>Net cash generated from operating activities</b>	<b>(96,770)</b>	54,525
<b>Net (decrease)/increase in cash and cash equivalents</b>	<b>(96,770)</b>	54,525
<b>Cash and equivalents at beginning of year</b>	<b>313,819</b>	<b>259,294</b>
<b>Cash and equivalents at the end of year</b>	<b>217,049</b>	313,819
<b>Cash and equivalents at the end of year comprise:</b>		
Cash at bank and in hand	<b>217,049</b>	313,819
	<b>217,049</b>	313,819

# Accounts

We have audited the financial statements of Mental Health Reform for the year ended 31st December 2016. The relevant financial reporting framework that has been applied in the preparation is the Companies Act 2014 and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' issued by the Financial Reporting Council.

This report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND AUDITOR

As explained more fully in the Directors' responsibilities statement on page 1, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view and otherwise comply with the Companies Act 2014. Our responsibility is to audit and express our opinion on the financial statements in accordance with Irish law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's Ethical Standards for Auditors.

## SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Directors' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## OPINION ON FINANCIAL STATEMENTS

In our opinion the financial statements:

- give a true and fair view, of the assets, liabilities and financial position of the Company as at 31st December 2016 and of its surplus or deficit for the year ended: and
- have been properly prepared in accordance with relevant financial reporting framework and in particular with the requirements of the Companies Act 2014

## MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY THE COMPANIES ACTS 1963 TO 2013

- We have obtained all the information and explanations which we consider necessary for the purposes of our audit.
- The financial statements are in agreement with the accounting records.
- In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited.

# Accounts

## MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of our obligations under the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.

Timothy F. Carthy  
For and on behalf of

Duignan, Carthy & O'Neill  
Chartered Accountants  
Registered Auditors  
84 Northumberland Road  
Dublin 4

### Board of Directors

Oliver Coleman Duffy (appointed 13th September 2016)  
Majella Darcy (appointed 13th July, resigned 3rd  
January 2017)  
Paul Flynn (resigned 18th July 2016)  
Jacinta Hastings (resigned 18th July 2016)  
Caroline McGrath  
Sam McGuinness (resigned 18th July 2016)  
Edmond Molloy  
Carol Moore  
Colette Nolan  
Karl Richardson (resigned 21st March 2016)  
Ali Rochford (appointed 13th July 2016)  
Stephen Treacy (resigned 25th January 2017)  
Tanya Ward

### Company secretary

Caroline McGrath

### Registered office

Coleraine House  
Coleraine Street  
Dublin 7

### Auditor

Chartered Accountants &  
Registered Auditors  
84 Northumberland Road  
Ballsbridge  
Dublin 4

### Bankers

Bank of Ireland  
34 College Green  
Dublin 2

KBC Bank Ireland Plc  
Sandwith Street  
Dublin 2

Ulster Bank  
P.O. Box 145  
33 College Green  
Dublin 2

# Our Members – 2016

Amnesty International Ireland	Huntington's Disease Association of Ireland	Rehab Group
Association of Occupational Therapists of Ireland	Inclusion Ireland	Respond! Housing Association
Aware	Institute of Clinical Hypnotherapy and Psychotherapy (ICHP) Graduate Association	Samaritans
Bloomfield Health Services	Irish Advocacy Network	Shine
Bodywhys	Irish Association for Counselling & Psychotherapy	Simon Communities of Ireland
Cairde	Irish Association of Infant Mental Health	Slí Eile Housing Association
Children's Rights Alliance	Irish Association of Social Workers	SpunOut
College of Psychiatrists of Ireland	Irish Association of Speech and Language Therapists	St John of God Hospital
Cork Mental Health Foundation	Irish Council for Psychotherapy	St Patrick's University Hospital
De Paul Ireland	Irish National Council of ADHD Support Groups	STEER
DeafHear.ie	Irish Penal Reform Trust	Suicide or Survive
Disability Federation of Ireland	Irish Refugee Council	The Alzheimer Society of Ireland
Dual Diagnosis Ireland	Irish Society of Chartered Physiotherapists	Traveller Counselling Service
Dublin Simon Community	Mental Health Ireland	Threshold Training Tallaght
Exchange House	Merchants Quay Ireland	
Focus Ireland	MyMind – Centre for Mental Wellbeing	
Gateway Mental Health Project	National Association for Pastoral Counselling and Psychotherapy	
Gay and Lesbian Equality Network	Peter McVerry Trust	
GROW	Psychological Society of Ireland	
Hail – Housing Association for Integrated Living		
Headstrong – National Centre for Youth Mental Health		

# Target Outcomes

**MHR's target outcomes continue to be:**

- 1. Government ensures high quality community based, primary care and specialist mental health services are available and accessible to everyone in Ireland.**
- 2. The Government and HSE ensure a transformed system for governance and accountability.**
- 3. Government improves the social inclusion of people with mental health difficulties.**
- 4. The espoused values and principles of A Vision for Change exemplified by citizenship, partnership, recovery and respect underpin mental health service delivery in Ireland.**
- 5. Government ensures that children and adolescents have adequate, prompt access to a range of mental health supports to promote their mental wellbeing and address mental health difficulties at an early stage.**

**The organisation's Strategic Plan, including the Strategic Outcomes will be reviewed in 2017.**

## 2016 in numbers

# 55

MHR member organisations

Tweetathon for  
'Our state  
of mind'  
campaign  
gets  
65,500  
impressions  
and  
384 tweets

# 10,000



signatures within 5 days for the on-line  
petition for 24/7 mental health services



# 13,000

Twitter followers

Additional

# €15 MILLION

in the budget for 2016 for implementation of 'A Vision for Change'

# 103

additional staff  
recruited for the HSE's  
mental health services



# Notes



## About Mental Health Reform

Mental Health Reform is the national coalition promoting improved mental health services and the social inclusion of people with mental health difficulties.

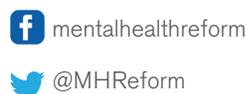
## Mental Health Reform works to

- inform our members and the public about good quality mental health services and related income and social supports;
- unite our members and service users and family members in building a movement to promote improved mental health services and related supports;
- advocate to the Government and the HSE for improved services.



Mental Health Reform,  
Coleraine House,  
Coleraine Street,  
Dublin 7

[www.mentalhealthreform.ie](http://www.mentalhealthreform.ie)  
[www.mentalhelp.ie](http://www.mentalhelp.ie)  
**T.** (01) 874 9468  
**E.** [info@mentalhealthreform.ie](mailto:info@mentalhealthreform.ie)



Reg number: 506850  
CHY:19958