

eMental Health in Psychological Practice

9th October 2018

The Hilton Charlemont Place Dublin 2

AGENDA

8.30 - 9.00	Registration with tea and coffee
9.00 - 9.35	Welcome and introduction
9.00 - 9.15	<i>eMental Health in Ireland - partnering on the eMEN project</i> , Dr. Shari McDaid, Mental Health Reform
9.15 - 9.25	<i>Opening address</i> , Terri Morrissey, Psychological Society of Ireland
9.25 - 9.35	<i>eMental Health State of the Art</i> , Kevin Cullen, Work Research Centre
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9.35 - 10.50	Session 1. Tele-mental health: psychological therapy sessions at a distance (Dr. Shari McDaid, Chair)
9.40 - 9.55	<i>The power of blended support and the future of eMental Health</i> , Krystian Fikert, MyMind
9.55 - 10.10	<i>eMental Health: The future is now!</i> , Brian Holohan, Turn2Me
10.10 - 10.25	<i>Utilising eTherapy to support diaspora globally</i> , Lochlann Scott, Helplink
10.25 - 10.50	Panel discussion
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10.50 - 11.20	Coffee break
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11.20 - 13.15	Session 2. eTherapy: technology-supported therapy (Terri Morrissey, Chair)
11.25 - 11.45	<i>eTherapy: What the evidence shows...and doesn't show</i> , Prof. Brian Hughes, NUI Galway
11.45 - 11.55	<i>SeeMySelf programme: Supporting the client through technology delivered self-help</i> , Kathy Downes, Bodywhys

