

ANNUAL REPORT



Mental
Health
Reform

2020



+ DIRECTORS
REPORT
& FINANCIAL
STATEMENTS

OUR MISSION

**TO BE THE UNIFYING
VOICE THAT DRIVES
PROGRESSIVE REFORM
OF MENTAL HEALTH
SERVICES AND
SUPPORTS IN IRELAND.**

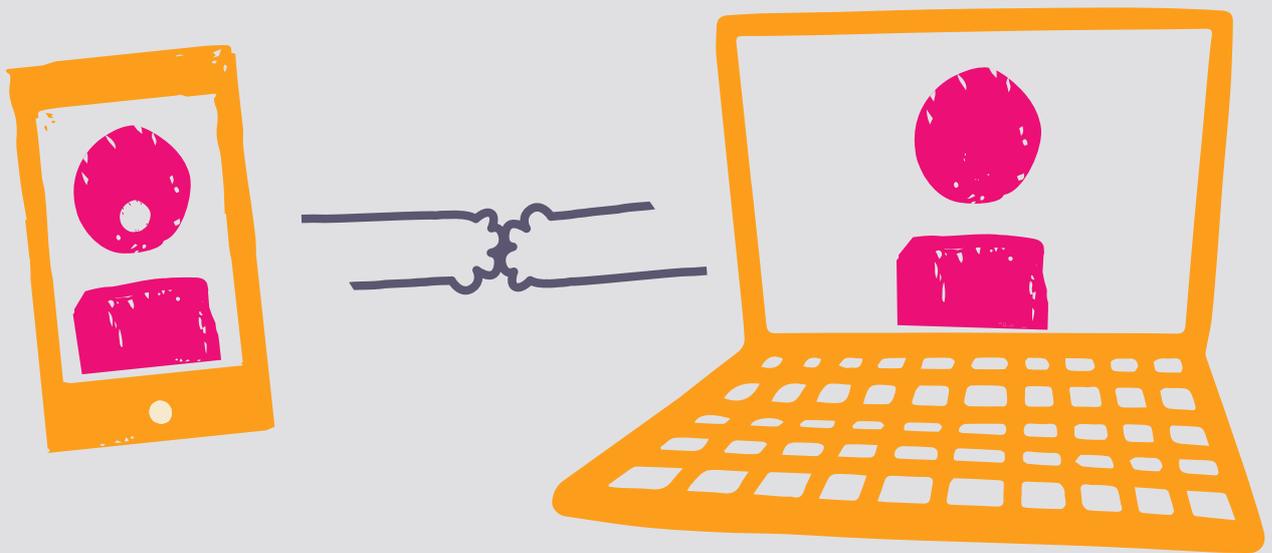


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COMPANY
INFORMATION
& DIRECTORS



COMPANY INFORMATION



Directors:	<p>Mark Byrne (resigned 29 July 2020) Conor Daly Robert McCafferty Anne Ellis Agnes Higgins Michael Joseph Duffy (appointed 29 July 2020) Mark Kennedy Michele Kerrigan Pádraig Love Laurence Malone (resigned 16 February 2021) David Keegan (resigned 16 February 2021) Elizabeth Cogan Michael Culhane (appointed 16 February 2021) Ali Rochford Lochlann Scott</p>
Company secretary:	Michele Kerrigan
Registered number:	506850
Registered office:	<p>Coleraine House Coleraine Street Dublin 7</p>
Independent auditors:	<p>Duignan Carthy O'Neill Limited Chartered Accountants & Registered Auditors 84 Northumberland Road Ballsbridge Dublin 4</p>
Bankers:	<p>Bank of Ireland 34 College Green Dublin 2</p> <p>KBC Bank Ireland Plc Sandwith Street Dublin 2</p> <p>Ulster Bank P.O. Box 145 33 College Green Dublin 2</p>
Chief Executive:	<p>Fiona Coyle (appointed 20 April 2020) Shari McDaid (resigned 28 February 2020)</p>

MEMBERS

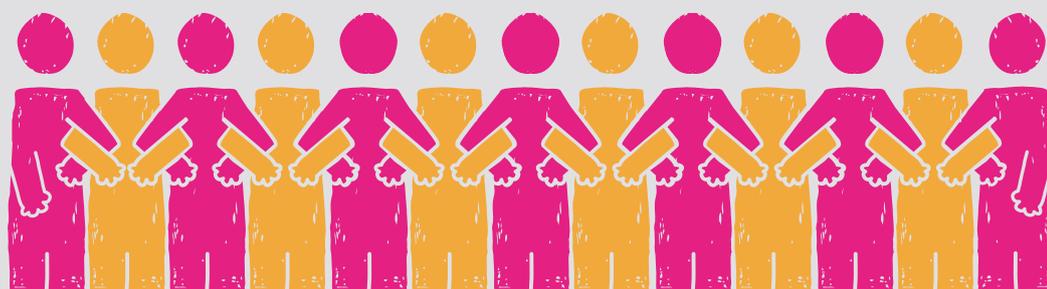
(as at 31st December 2020)

Governing Members

- * 3Ts
- * A Lust For Life
- * AHEAD
- * AkiDwA
- * Alcohol Action Ireland
- * The Alzheimer Society of Ireland
- * Amnesty International Ireland
- * Barnardos
- * Bodywhys
- * Cairde
- * Children's Rights Alliance
- * Chime
- * Cork Mental Health Foundation
- * Disability Federation of Ireland
- * Donegal Mental Health Advocacy Services
- * Dual Diagnosis Ireland
- * Dublin Simon Community
- * Dyspraxia/ DCD Ireland
- * Exchange House
- * Fighting Blindness
- * Finglas Addiction Support Team (FAST)
- * First Fortnight
- * Focus Ireland
- * Gateway Mental Health Association
- * GROW
- * HADD-ADHD Ireland
- * Hail – Housing Association of Integrated Living
- * Helplink Mental Health
- * Huntington's Disease Association of Ireland
- * Irish Advocacy Network
- * Irish Penal Reform Trust
- * Irish Society for the Prevention of Cruelty to Children (ISPCC)
- * Jigsaw
- * Mental Health Ireland
- * Merchants Quay Ireland
- * MyMind
- * National Women's Council
- * Pavee Point – Traveller and Roma Centre
- * Peter McVerry Trust
- * Pieta
- * The Rehab Group
- * Respond! Housing Association
- * Samaritans
- * Shine
- * Slí Eile Housing Association
- * Smashing Times Theatre and Film Company
- * SpunOut
- * Suicide or Survive
- * Threshold Training Network
- * Transformative Recovery College
- * Traveller Counselling Service
- * Union of Students in Ireland

Associate Members

- * The Association for Psychoanalysis and Psychotherapy in Ireland
- * Association of Occupational Therapists of Ireland
- * BeLonG To
- * Bloomfield Health Services
- * Cork Counselling Services
- * Depaul Ireland
- * Dyslexia Association of Ireland
- * European Association of Professional Hypnotherapists
- * Family Therapy Association of Ireland
- * Irish Association for Counselling & Psychotherapy
- * Irish Association of Social Workers
- * Irish Association of Speech and Language Therapists
- * Irish Council for Psychotherapy
- * Irish Foster Care Association
- * Irish Institute of Mental Health Nursing
- * Irish Online Counselling & Psychotherapy Service
- * Irish Refugee Council
- * Irish Society of Chartered Physiotherapists
- * National Association for Pastoral Counselling and Psychotherapy
- * Psychological Society of Ireland
- * St. John of God Hospital
- * St. Patrick's University Hospital
- * Turn2me



DIRECTORS

The Directors present their annual report and the audited financial statements for the year ended 31 December 2020.

Directors' Responsibilities Statement

The Directors are responsible for preparing the Directors' Report and the financial statements in accordance with Irish law and regulations.

Irish company law requires the Directors to prepare the financial statements for each financial year. Under the law, the Directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (including Charities SORP (FRS 102)).

Under company law, the Directors must not approve the financial statements unless they are satisfied they give a true and fair view of the assets, liabilities and financial position of the Company as at the financial year end date, of the profit or loss for that financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the Directors are required to:

- * select suitable accounting policies for the Company's financial statements and then apply them consistently;
- * make judgments and accounting estimates that are reasonable and prudent;
- * state whether the financial statements have been prepared in accordance with applicable accounting standards, identify

those standards, and note the effect and the reasons for any material departure from those standards; and

- * prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for ensuring that the Company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the Company, enable at any time the assets, liabilities, financial position and profit or loss of the Company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the Company's website. Legislation in Ireland governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Directors

The Directors who served during the year were:

Mark Byrne (resigned 29 July 2020)

Conor Daly

Robert McCafferty

Anne Ellis

Agnes Higgins

Michael Joseph Duffy (appointed 29 July 2020)

Mark Kennedy

Michele Kerrigan

Pádraig Love

Laurence Malone (resigned 16 February 2021)

David Keegan (resigned 16 February 2021)

Elizabeth Cogan

Ali Rochford

Lochlann Scott



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CHAIRPERSONS' REPORT



CHAIRPERSONS' REPORT

Prof. Agnes Higgins
Chairperson
Mental Health Reform



2020 has been a year like no other, fundamental changes to the way we live our lives have impacted us both personally and professionally. Much has been said on the mental health impacts of the crisis, and undoubtedly the pandemic has exposed the underdevelopment of many aspects of our mental health system. We are proud that as a coalition we have risen to the challenges and demands of this new context, and with our members have continued to push forward our shared agenda.

The pandemic forced Mental Health Reform (MHR) to adapt throughout the year including moving to a remote working model, re-prioritising activities and finding new creative virtual ways to engage our stakeholders and deliver activities. This report charts the past 12 months of our work. Despite the challenges, there has been important progress that I would like to highlight.



In June, we welcomed a new chapter for Ireland's mental health system, with the publication of Ireland's new mental health policy - *Sharing the Vision*. This policy has been long anticipated and its development has involved the work and input of Mental Health Reform, along with many of our 75 member organisations.

€50M

In October, we welcomed the government's commitment of €50M in Budget 2021. While the investment fell short of the €80M ask, we recognised that it is a positive step towards improving access to mental health services.



Throughout the year Mental Health Reform continued to provide spaces and platforms for our members and stakeholders to come together. I would like to acknowledge the success of our Coalition Conversation Webinar Series, which was attended by over 1600 individuals. I also want to highlight the LGBTI mental health conference held in partnership with LGBTI Ireland and BeLonG To which was attended by over 329 individuals.



In early 2020 we said goodbye to Dr Shari McDaid, who as CEO had spearheaded Mental Health Reform for many years and welcomed Ms Fiona Coyle (pic) as the new CEO.



The impact of COVID-19 restrictions has markedly increased the relevance and importance of the e-mental health project and its work, as many mental health organisations have had to consider moving to virtual/online modes of service delivery during periods of tighter restrictions. In 2020, through our existing e-mental health projects we developed resources and provided support to voluntary and other organisations.

Despite the challenges, as you will see in this report, 2020 was a busy and successful year. We have an opportunity to use the momentum of the pandemic to address shortcomings in our current health system, to work together to build a system that gives parity to mental health, and one that operates in a coherent and integrated way.

As we head into 2021, I want to acknowledge and express my deep and sincere gratitude to the Members, board and staff of Mental Health Reform for their hard work and commitment. In closing, I want to extend on behalf of the board and all at Mental Health Reform my sincerest appreciation to all who supported, partnered with, or promoted our work, during this unprecedented year. Our successes are your successes.



Agnes Higgins
Chairperson
Mental Health Reform

“ ..We have an opportunity to use the momentum of the pandemic to address shortcomings in our current health system, to work together to build a system that gives parity to mental health, and one that operates in a coherent and integrated way. ”



Fiona Ní Chinnéide - Executive Director, Irish Penal Reform Trust



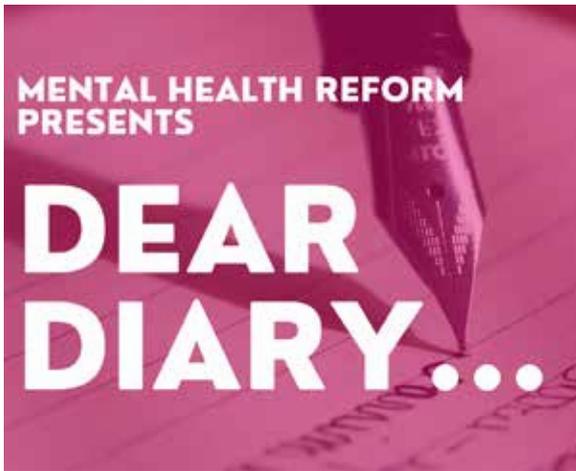
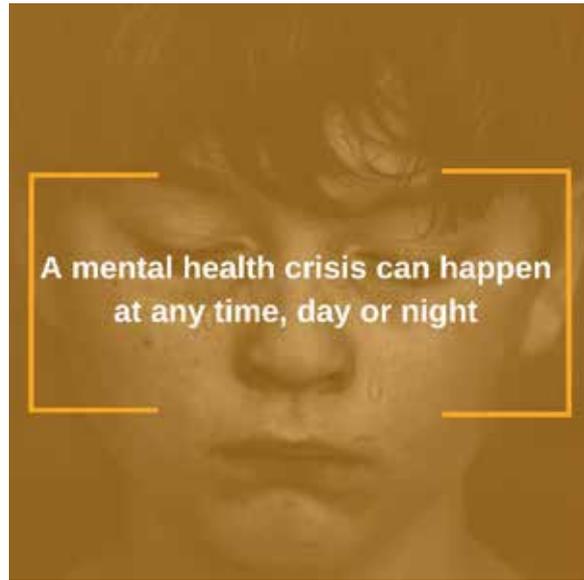
Dr Sandra Ferguson - Associate Director Psychology, Lead for National Trauma Training Programme NHS Education for Scotland



William Kellibrew - international advocate and trauma survivor.



Kate Mitchell - former Senior Policy and Research Officer, MHR, speaking at the First Fortnight Conference.



BUDGET 2021

- Increase staffing levels across mental health services
- Develop out-of-hours crisis mental health services
- Invest in primary care mental health and talk therapies
- Support people and their rights by hiring mental health advocates

BUDGET 2021

Examples of social media campaigns undertaken in 2020.

2020 IN NUMBERS

8 
meetings
with Ministers

5 
briefing
sessions
on Ireland's new
mental health policy

 appeared before
**Oireachtas
committees** **3**

50M 
increase
for mental health services

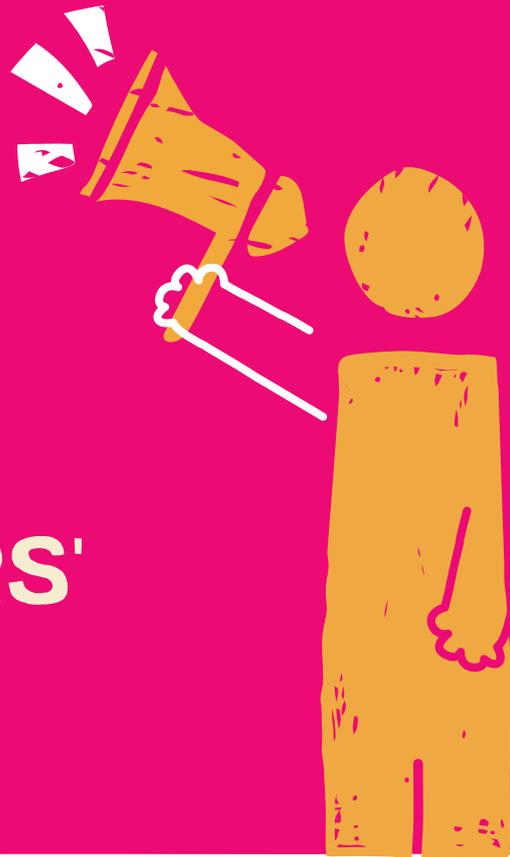
1,600+  attendees
of the Coalition
Conversation
Webinar Series

2,534  emails sent to TDs
as part of our Budget Campaign

 **80** media appearances
(a 43% increase on 2019)

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DIRECTORS' REPORT



MISSION, PURPOSE AND OBJECTIVES



Our Purpose

The company was set up under a Memorandum of Understanding. Articles of Association which established the objects and powers of the charitable company, is governed by this constitution and is managed by a Board of Directors. The objectives for which Mental Health Reform exist are:

- * to benefit the community by promoting best practice in all aspects of service provision to people experiencing mental health difficulties,
- * advancing the education of the public at large to the benefits of an Ireland where people achieve and enjoy the highest attainable standard of mental health.

Our Vision

An Ireland where everyone can access the support they need in their community to achieve their best possible mental health.

Our Mission

To be the unifying voice that drives progressive reform of mental health services and supports in Ireland.



Core Values

	Best international standards and human rights norms	We consistently invoke best international standards and human rights norms as the benchmark we expect all parties to aspire to and progressively deliver.
	Equitable access to high quality mental health services	We promote a model of health and social care where everyone has equal access to affordable, sustainable and high quality, primary care and recovery oriented mental health services.
	Empowerment of individuals and mobilisation of local communities	We operate from a conviction that the views and active participation of the person who experiences mental health difficulties and their support networks are pivotal to achieving best outcomes and that integrated services at local community level constitute the best enabling context.
	Independence and integrity	Our authority stems from our independence. We campaign with integrity demonstrating respect for all stakeholders and without fear or favour.
	Focus on value-added activity	Our focus is on activity that adds distinctive value to the work of the members and avoids duplication of their efforts.
	Financial stewardship	We operate efficiently, making best use of the resources entrusted to us.
	Accountability	We are accountable for our effectiveness to our members via the Board with timely, accurate and comprehensive information.
	Authoritative voice	We root our recommendations in consultation with stakeholders and in international and national evidence of good practice.
	Principled pragmatism	We hold true to our principles while working towards pragmatic steps forward in reform of the mental health system.

Operating Context

2020 brought significant changes to the environment in which the coalition works, with the global COVID-19 pandemic being the most significant. Although the pandemic is first and foremost a physical health emergency, there is broad recognition of the significant mental health impact of COVID-19. The United Nations (UN) has warned that the COVID-19 pandemic “risks sparking a major global mental health crisis”, while the World Health Organisation has identified that “the isolation, fear, uncertainty, and the economic turmoil [of the current pandemic] could cause psychological distress, and we could expect to see an upsurge in the severity of mental illness, including among children, young people and healthcare workers” (WHO, 2020, <https://www.who.int/news/item/14-05-2020-substantial-investment-needed-to-avert-mental-health-crisis>). In 2020, mental health was a prominent element in national policy discourse. This increased profile offers Mental Health Reform an opportunity to use this momentum to address the current shortcomings in our system.

As the leading coalition on mental health in Ireland, Mental Health Reform was, and continues to be well placed to provide unique insight into the challenges faced by the sector during this crisis. In June we carried out a member survey which reflected the strain the sector was under. 35% of participants reported that the COVID-19 pandemic had a negative impact on their organisation’s earned income/fundraising over the last months. Over 75% reported that the COVID-19 pandemic has caused their organisation to withdraw services that they normally provide. Almost 50% indicated that the COVID-19 pandemic has increased demand for the services and supports their organisation provides. Going forward, 80% expect an increase in demand for the services and supports their organisation provides.

The manner in which Mental Health Reform members have responded to the new demands and challenges associated with COVID-19 has reaffirmed their critical role of ensuring access to mental health supports and services for those who need it. During the initial phase of the lockdown in Q2 2020, many organisations rapidly moved to the remote provision of services and supports for services users and their families, friends, carers and supporters.

2020 also brought significant change to the political context in Ireland. A general election took place in February and for the first time ever, no two parties commanded a majority of seats in the Dáil, so a majority government required at least three parties. In June, after months of negotiations, a new FF/FG/GP government was formed.

Ireland’s new Mental health policy, *Sharing the Vision – a Mental Health Policy for Everyone* was launched in June 2020. This policy has been long anticipated and its development has involved the work and input of Mental Health Reform, along with many of our 75 member organisations. Mental Health Reform heavily lobbied for this policy to be launched early in 2020, and it was one of very few to be published during this period, ahead of the formation of the current government.

2020 also saw a change of leadership for the coalition, with Fiona Coyle taking up the role of CEO in late April 2020. Fiona came to Mental Health Reform with vast experience in working with community organisations, government bodies and international NGOs.

“ Over 75% reported that the COVID-19 pandemic has caused their organisation to withdraw services that they normally provide. ”

Our Strategic Plan

The uncertain and changing context created by COVID-19 forced Mental Health Reform to reassess continuously and adapt work practices, process and tasks throughout 2020. Mental Health Reform took these decisions in accordance with its strategic plan for 2018-2020. The plan is set around the following;

Organisational Objectives 2018-2020



Policy / Law

- * Political priority
- * Adequate funding
- * Legal reform
- * Refreshed national mental health policy



Services (Access / Quality)

- * 24/7
- * Holistic
- * Recovery-oriented
- * Advocacy support
- * Adequate staffing
- * Positive role of NGO sector
- * Families and carers support
- * A mental health information system

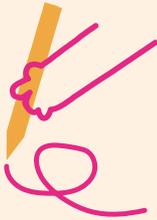


Social and economic rights

- * Good quality housing
- * Adequate income
- * Good quality employment opportunities

Ongoing Activities

Mental Health Reform's key on-going activities are outlined below. Mental Health Reform's approach is to provide a unified voice to government, its agencies, the Oireachtas and the general public on mental health issues. In 2020, this became more relevant than ever, as a clear need emerged for a strong coordinated voice to ensure that experiences of members, service users, family, friends, carers and supporters are reflected in the COVID-19 response. Mental Health Reform performed a key role in the sector by providing an information provision service, a space for members to share resources and collaborate, and finally a united voice when approaching policy makers. Our approach was as follows;

Ongoing Activities		
 <p>Coordination & Policy Development</p>	 <p>Research & Innovation</p>	 <p>Accountability & Advocacy</p>
<ul style="list-style-type: none"> * We draw on the expertise and experience and coordinate the views of our member organisations. * We represent the sector in public forums. * We prepare policy submissions on behalf of our member organisations, informed by our Grassroots Forum and other advisory groups. 	<ul style="list-style-type: none"> * We consult with people who use services and family members, reporting their experiences to government and its agencies. * We conduct research to identify unmet needs and good practice solutions. * We support and demonstrate innovation in the way that mental health supports are provided. 	<ul style="list-style-type: none"> * We monitor progress on government commitments and hold the government and its agencies to account for delivery. * We mobilise our membership and wider supporter network to make publicly visible the support for a better mental health system.

OUTPUTS, OUTCOMES & IMPACTS



Below are the key highlights from each of our priority objective areas.

Priority objective 1:

POLICY AND LAW REFORM



1.1 Summary

Mental Health Reform continued its leadership role as a representative voice for the sector. Mental Health Reform held the government to account on its responsibility to adhere to delivery of its commitments, under international covenants, and to enshrine best practice in recovery centred mental health policy. This area of work remained broadly unaffected by the pandemic and as per the organisation's strategic plan, in 2020 Mental Health Reform has worked towards 3 key outcomes:

- * Legislative reform in line with the UN Convention on the Rights of Persons with Disabilities
- * An updated mental health policy that reflects our policy position
- * Improved funding for mental health related support services

In 2020, the new policy was published and the government increased investment in Mental Health. However, progress towards updating the Mental Health Act, 2001 was further delayed.

1.2 Key Outcomes

An Updated Mental Health Policy

Ireland's new Mental Health policy, *Sharing the Vision* was launched in June 2020. This policy has been long anticipated and its development has involved the work and input of Mental Health Reform, along with many of our 75 member organisations.

Mental Health Reform held consultations with members and our Grassroots Forum to gain their insights and developed an analysis of the policy. Overall, the policy is broadly reflective of Mental Health Reform's policy concerns, reflects the need for compliance with international human rights standards, and is heavily focused on tangible outcomes and change management.

Mental Health Reform delivered 5 briefing sessions with stakeholders to build knowledge among staff of voluntary organizations, service users, and family members / supporters of the new policy.

Following publication, Mental Health Reform was asked to nominate a representative to be appointed by the Minister of State for Mental Health to sit on the National Implementation and Monitoring Committee (NIMC) overseeing the implementation of the policy. Mental Health Reform nominated its CEO, Fiona Coyle, who was appointed to the NIMC on 13th December 2020.

Increased Funding for Mental Health



- * A key focus for Mental Health Reform in 2020 was our pre-budget campaign which called for increased investment in mental health services. The campaign encompassed a pre-budget submission, many political meetings, and a digital campaign highlighting ongoing gaps in mental health services and the need for significant improvements in services given the ongoing COVID-19 crisis. The digital campaign included a partnership with Uplift Ireland, which provides a platform for members to engage directly with. This resulted in over 2,534 emails sent to TDs. The pre-budget campaign had a reach of 170,000.
- * In terms of impact, budget 2021 committed an additional €50 million for mental health services and supports.

Strong Political Engagement on Mental Health



- * Regular engagement with the Irish government and Oireachtas members was a key activity for the coalition in 2021.
- * Mental Health Reform ran a general election campaign in January 2020, to ensure that mental health featured prominently in the run up to the general election and the subsequent programme for government. Activities included the development of a manifesto, with a reach across social media and online being 335,265. In terms of outcomes, each party had a commitment to mental health in their manifestos. Mental Health Reform were also successful in securing commitments to mental health in the programme for government.
- * In 2020, Mental Health Reform appeared before 3 Oireachtas committees, twice before the special Oireachtas committee on COVID-19 and before the Oireachtas sub-committee on Mental Health.
- * Mental Health Reform successfully called for the Committee on Health to examine mental health. We also supported the Committee on Health to establish a sub-committee on mental health, and appeared as a witnesses before the committee. This appearance resulted in media coverage including the RTÉ six one news.
- * In the context of the project in CHO3, TD's and local councillors attended "Better Mental Health Services for the Midwest" public meetings. Ongoing meetings were held with key decision makers in the region including TD's, Senators and Councillors to make them aware of the key issues people are facing on the ground.
- * In 2020, MHR met with a total of eight meetings with Ministers and over 20 meetings with elected representatives.



Pre-budget campaign cover.

Co-ordinated Policy Input

- * Continued developing consensus-based policy submissions in consultation with our members
- * Mental Health Reform produced 7 policy positions during 2020 and developed recommendations for reform based on those positions
- * In the area of mental health law, Mental Health Reform continued to advocate for urgent reform and update of our mental health legislation, in line with Ireland's commitments under the UN Convention on the Rights of Persons with Disability (UNCRPD) and other international treaties. COVID-19 also led to changes in the Mental Health Act. Mental Health Reform continued to review the implications of these changes on those being detained and treated under the Act

Mental Health Reform featured prominently in the public media with a total of 80 mentions across TV, print, radio and digital. Highlights include Newstalk, RTÉ Radio, Irish Times and the RTÉ One News. This was an increase of 43% from 2019. This was in part due to the increased exposure and concern about mental health throughout COVID-19 pandemic.



Communications

In 2020 Mental Health Reform continued to invest in digital communications, increasing our output and growing our audience. The coalitions' 2020 target was to grow our social media presence by 10% and we achieved the following:

	Facebook	9,400	(9% increase from 2019)
	Twitter	22,800	(9% increase from 2019)
	LinkedIn	4,200	(128% increase from 2019)
	Instagram	1,330	(44% increase from 2019)

1.3 Key Challenges

There are continued delays in the updating of the Mental Health Act. The Heads of Bill have been prepared, but these have not yet been published. It is likely that the new act will resolve legislative gaps in order to ensure compliance with the Convention on the Rights of People with Disabilities, but there are concerns that it may fall short and the timeline of its progress is as yet uncertain.

Priority objective 2:

ACCESS TO QUALITY SERVICES

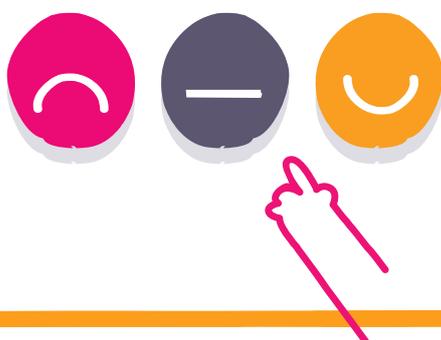


2.1 Summary

Service delivery, including how services are designed and delivered in the various settings, is the critical enabler of better mental health outcomes for service users. In 2020, the pandemic greatly impacted the mental health services and the context of our work. This forced the coalition to adapt its work in this area. In 2020, Mental Health Reform focused on the following outcomes:

- * Generating data on the impact of COVID-19 on mental health
- * Developing and disseminating a dedicated COVID-19 signposting services
- * Building capacity among members to respond effectively to COVID-19

In 2020, Mental Health Reform published a number of key research reports. We also established regular consultation forums both at a national and regional level, where our members and other stakeholders shared experiences, reflecting on common challenges and sharing key resources and tools. We increased engagement with our Grassroots Forum to ensure that the voices and experiences of services users and their families are being reflected in national conversations. We also identified several solutions for how eMental health can contribute to Ireland's response to an increasingly likely national mental health crisis.



2.2 Key Outcomes

Sharing Expertise and Experiences

The new virtual working space, while bringing challenges, also brought opportunities for Mental Health Reform to engage with members and stakeholders across Ireland. We provided several platforms for our members to share expertise and experiences to facilitate optimal COVID-19 adaptation and response. Key outcomes included:

- * Delivered Coalition Conversation Webinar Series, which was attended by over 1600 Zoom users
- * Established a CEO forum
- * Developed a Members' Forum for CHO3



Understanding COVID-19 and Mental Health

On 1st July 2020, Mental Health Reform published research that demonstrates significant public demand for greater action from government and its agencies to respond to the mental health impact of the COVID-19 pandemic. The research was the result of a collaboration between Mental Health Reform and the COVID-19 Psychological Research Consortium (C19PRC), a group of mental health researchers from universities in the United Kingdom and Ireland who are conducting projects to understand the mental health effects of the pandemic.

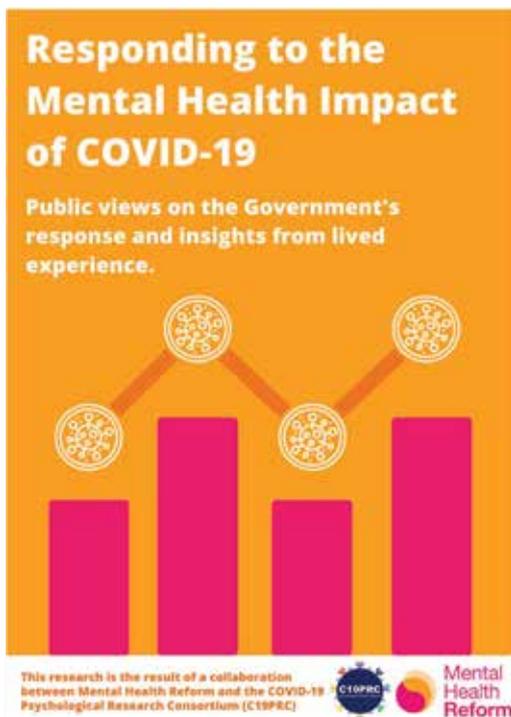
More than half of people that use mental health services who took part in this survey, reported that the COVID-19 pandemic had a negative impact on their mental health and well-being. Many participants also reported that they were no longer accessing treatment and/or were less likely to seek help from a GP, community mental health services, charity and voluntary organisations or an emergency department during the COVID-19 pandemic, even when needed. Not only do these findings indicate that the current crisis may be exacerbating existing mental health difficulties for many, they also suggest a pent up demand for services and supports amongst a substantial proportion of these individuals, which may place increased strain on mental health services going forward.

Between May and June 2020, Mental Health Reform collected data via a survey to examine the impact of the COVID-19 pandemic on its member organisations. The report found that many mental health charities and service providers experienced significant increases in demand for their services, whilst also facing considerable challenges in meeting this demand alongside reductions in fundraising income.



E-Mental Health

- * Since 2016 Mental Health Reform has been implementing the e-Mental Health innovation transnational platform (eMEN). This is an EU-funded eMental health project aiming to improve mental health in Europe, through increased use of eMental Health interventions.
- * The first phase of the eMEN project was completed successfully by May 2020. The eMEN second phase started on the 1st June with continuation of funding from Interreg and co-funded by a philanthropic organisation. The focus of the second phase is on transfer of knowledge, skills and eMental Health products between the participating countries.
- * The COVID-19 pandemic has shone a spotlight on digital health interventions and increased the relevance and importance of the eMEN project and its work. The team has continuously engaged with various stakeholders to develop innovative responses to the COVID-19 challenges, including presentations and advice on mental health services, supports and policy.
- * Mental Health Reform has leveraged the work of the eMEN project to achieve new funding streams for both Mental Health Reform and our member organisations in the eMental health innovation field. This has been made available through social innovation funding, for voluntary sector organisations to adapt and respond to COVID-19 challenges.



On-going Research

* Research Mapping the Mental Health Services in Irish Prisons

The objective of this Health Service Executive funded project is to map the range of mental health services and supports available to adult prisoners across the Irish Prison Service (IPS). As this project relies heavily on the cooperation of the IPS, it has been particularly vulnerable to disruption and delay due to the pandemic. As a result, progress on this project in 2020 has been limited to the following: ethical approval for the project was granted by the IPS Research College, and focus groups with senior management of the IPS Psychology Services were conducted. The project will continue in 2021.

* Cultural Competency Project

This Sláintecare funded project, in partnership with the Cabra Community Mental Health Team, aims to develop, pilot and evaluate a cultural competency education programme geared towards enhancing the cultural sensitivity skills and knowledge of staff in a community mental health service. The aim is to ensure that people from ethnic minority communities receive mental health services and supports that adequately meet their needs. The pandemic impacted the development of the toolkit and the project was ultimately delayed in 2021.

* Research on LGBTI+ experiences of Mental Health

Drawing on the data collected as part of the My Voice Matters project and in partnership with LGBT Ireland, Mental Health Reform began a research project aiming to explore LGBTI+ people's experiences of mental health services.

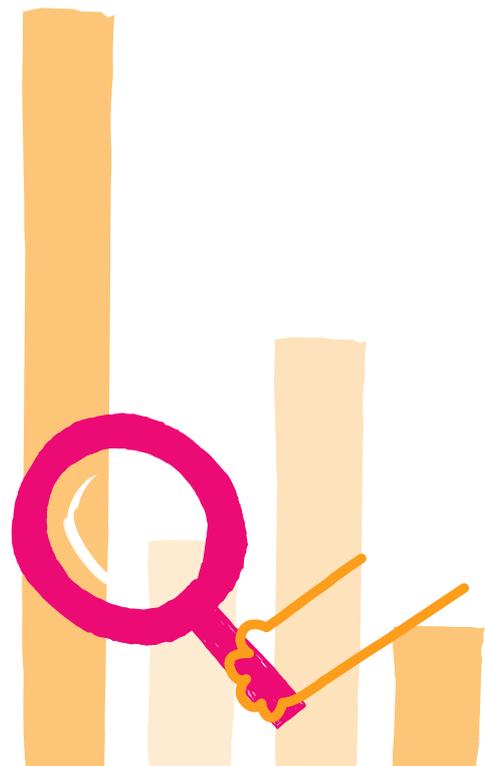
The project has been substantially commenced in the following ways:

- * a secondary analysis of data collected from LGBTI+ mental health service users was conducted, and a preliminary report was produced;
- * commitment from LGBT Ireland to partner on this project was obtained;
- * funding to carry out qualitative focus groups with LGBTI+ mental health service users was secured and the first of these focus groups was held;

The project continues into 2021.

2.3 Key Challenges

As indicated above, the pandemic and associated restrictions have had a negative impact on our research work with a number of research projects being delayed until 2021.



Priority objective 3:

SOCIAL & ECONOMIC RIGHTS OF PEOPLE WITH MENTAL HEALTH DIFFICULTIES



3.1 Summary

The World Health Organisation has long explained that mental health is influenced by environmental factors, or what are known as the ‘social determinants’ of mental health. They state that there “is a strong link between the protection of basic civil, political, economic, social, and cultural rights of people and their mental health” (WHO, 2014, *Social Determinants of Mental Health*). This ethos is at the heart of Mental Health Reform’s work. The pandemic aided in shining a spotlight on Ireland’s social determinants, as early research indicates that COVID-19 has exacerbated existing inequalities. While Mental Health Reform adjusted its approach to meet the new context, as per the strategic plan, we continued towards achieving the following objective;

- * Fulfilment of people with mental health difficulties’ rights to good quality housing and employment, along with an adequate and flexible welfare system

This year Mental Health Reform continued to invest in capacity building, and we were selected to become a funded member of the Disability Participation and Consultation Network (DPCN).

3.2 Key Outcomes

Empowering Individuals

Mental Health Reform continued to support people with mental health difficulties and their families, friends, carers and supporters to understand and claim their rights. In early Q1 2020, with the support of the Irish Human Rights and Equality Commission, we delivered

our Speak Out on Mental Health training. The project engaged 15 individuals, building their understanding of their rights and supporting people to engage with available structures so that their rights can be vindicated.

In CHO3, we delivered three capacity building sessions with 25 participants at each session. At the completion of this advocacy training, each participant has a work plan for the first 6 months of 2021 on how to influence positive change in mental health services locally.

Member of the Disability Participation and Consultation Network (DPCN)

In November 2020, we became a funded member of the DPCN. The role of members will be to provide the views and opinions of people with disabilities living in Ireland on law, policy and other important issues. This will be a key forum to achieve our outcome.

3.3 Key Challenges

The pandemic has brought the digital divide and related access/equality issues arising from digital exclusion to light. These include lack of access to broadband connectivity, as well as access to charging contracts for fixed and mobile services.





FUNDING

Overview of Finances

The financial outcome for 2020 is set out in the statement of financial activities. Income in 2020 was €651,538, which was higher than what was planned at the start of the year, this was mainly due to the organisation receiving large grants at the end of Q4. This is a 6% increase on 2019. Expenditure totalled €649,652, a 2% increase on 2019 and includes:

- * Programme costs were €110,625 which represents 17% of expenditure
- * Staff costs totalled €539,027 and represents 83% of total expenditure

Our Funders

In 2019, Mental Health Reform was financed by a mix of charitable activities (government grants), other funding (philanthropic) and income from investments.

Fundraising

The COVID-19 pandemic had a direct negative impact on Mental Health Reform's public fundraising. All face to face fundraising activities, which constituted over 70% of projected fundraising income in 2020, were cancelled or postponed. A fundraising mitigation plan was developed, and alternative activities were pursued. Although there was a 60% increase in the number of monthly donors, we were unsuccessful in meeting the 2020 fundraising target. In 2021, we plan to review our public fundraising model and explore the viability of other options including corporate fundraising.

- * €5,196 donations - this was a 8% decrease on 2019
- * €6,412 fundraising - this was a 69% decrease on 2019

Reserves Policy

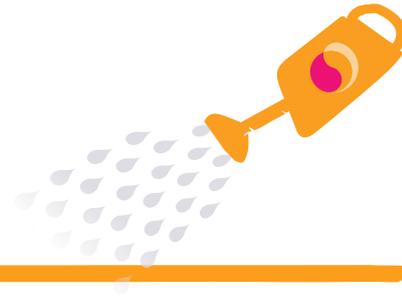
The Board of Mental Health Reform has a reserves policy in place to ensure that the charity's core activities could continue during a period of unforeseen difficulty. This takes account of the cost associated with making staff redundant in an emergency situation, the risk associated with variances in planned income versus expenditure, and the charity's contractual commitments. The Directors have established a target of building reserves equal to three months operating costs held in a readily realisable form.

- * The Board Finance and Audit Committee monitor the reserve on a quarterly basis by reviewing the management accounts.
- * At 31 December 2020, the reserves were €189,261.

Going Concern

The Directors have prepared budgets and cash flows for a period of at least 12 months from the date of approval of the financial statements, which demonstrate that there is no material uncertainty regarding the charity's ability to meet its liabilities as they fall due, and to continue as a going concern. The Board have considered the impact on the organisation of the events subsequent to the balance sheet date, in particular the risks associated with the COVID-19 pandemic emerging near year-end. The Board state that following their review, Mental Health Reform has no current going concern issues and expect the Charity to remain viable and solvent for the foreseeable future.

STRUCTURE, GOVERNANCE AND MANAGEMENT



The Directors present their Annual Report and the audited financial statements for the year ended, 31 December 2020.

Governing Documents

Mental Health Reform Limited, trading as Mental Health Reform, is a company limited by guarantee and not having a share capital. It was incorporated in 2011. MHR is a charitable organisation registered with the Charities Regulator (CRA) in accordance with the Charities Act 2009.

Governance Handbook

Mental Health Reform has a Governance Handbook which sets out the organisation's policies, procedures and practices to ensure that the organisation uses transparent decision making to direct its resources and exercise power in an effective and accountable way. The Board of Directors are required to fill in a declaration of conflict of interests/loyalties when they first take up their position on the Board and are asked to update the Company Secretary on any changes in this regard. Conflict of interest/loyalty is a standing item on the agenda at each Board meeting.

Governance Code

In November 2018, the Charities Regulator published its Code of Governance and organisations will have to be fully compliant by 31 December 2020. This new Code is principles-based and is similar to the Governance Code for Community, Voluntary and Charitable Organisations. During 2019 we commenced the process of compliance with the Code as it applies to larger organisations (49 sub principles). In 2020, over two board

meetings, the Directors reviewed the Code. The Directors report that Mental Health Reform has taken necessary steps to ensure our full compliance with the Code.

Risk Register

Mental Health Reform uses its Risk Register to monitor and mitigate risk arising across the full range of its activities. The Risk Register is reviewed regularly by the Financial, Audit and Risk Committee and approved by the board once a year.

Board Performance

The Board of Directors engage in a Board performance review annually.

Lobbying and Political Contributions

There were no political contributions in 2020, and as a result no disclosures are required under the Electoral Act, 1997. As required under the Regulation of Lobbying Act 2015, Mental Health Reform records all lobbying and communications activity with the Designated Public Officials (DPOs). It has made all the returns and submissions required by the Act.

Beneficial Ownership

Article 30(1) of the EU's Fourth Anti-Money Laundering Directive (4AMLD) requires all EU Member States to put into national law provisions requiring corporate and legal entities to obtain and hold adequate, accurate and current information on their beneficial owner(s) in their own internal beneficial ownership register. Article 30(3) of 4AMLD requires that the information referred to above be held in a central register in each Member State. In 2019 new Anti-Money Laundering Regulations extended the legislation to companies and any charities that are registered as companies with the Companies Registration Office. During 2019, Mental Health Reform registered its Directors on the Register of Beneficial Owners (RBO) website.

Board Meetings

- * The Board met a total of 7 times in 2020 and played a vital role in assisting the coalition in navigating the challenges of COVID-19 while maintaining high standards of governance. The board also played a vital role in supporting the transition to a new CEO.
- * All Directors are non-executive, receive no remuneration for their services, are drawn from diverse backgrounds, and possess a wide range of skills and experience. They give their time and advice freely, as volunteers, and although they are entitled to reimbursement for vouched expenses, no such claims have been made in 2020.
- * The Board of Directors continued to oversee the organisation's compliance with its statutory and regulatory obligations, including the Charities Act 2009, the Companies Act 2014 and the Lobbying

Act 2015. In addition, the organisation is compliant with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland and has signed up to the Statement of Guiding Principles for Fundraising, published by the Irish Charities Tax Reform Group (now Charities Institute Ireland).

- * The Board is supported by four subgroups which deal with specific aspects of the company's business which are outlined in the Terms of Reference for each Subgroup.

The Finance and Audit Committee

This committee reports to the Board on their ongoing financial responsibilities and financial risk management. The committee met six times in 2020, prior to each board meeting. Key activities in 2020 included in the review of cash flow, monitoring of management accounts. In addition, the committee responded to COVID-19 by regularly reviewing the risk register, developing a financial forecast and approving COVID-19 related budget changes.



The Fundraising Committee

This committee reports to the Board on matters regarding their funding and fundraising responsibilities. The committee met four times in 2020. The committee responded to the COVID-19 context by reviewing the impact on the 2020 fundraising plan and identifying new opportunities.

The Nominations Committee

This committee identifies and recommends to the Board suitable candidates for the position of Chairperson and any suitable candidates for any vacancies that arise. The committee met twice in 2020 to respond to the resignation of the Board expert finance director Mr Laurence Malone who indicated to the board he was to step down in early 2020.

Strategic Planning Committee

This committee was established at the September board meeting and met twice in 2020 to support the external review of Mental Health Reform's 2018-2020 strategic plan, and to guide the development of Mental Health Reform's interim strategic plan.

Accounting Records

The measures taken by the Directors to ensure compliance with the requirements of Sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records, are the employment of appropriately qualified accounting personnel and the maintenance of computerised accounting systems. The company's accounting records are held at the company's registered office at Coleraine House, Coleraine Street, Dublin 7.

Events After the Balance Sheet Date

There have been no significant events affecting the company since the year end.

Statement on Relevant Audit Information

Each of the persons who are Directors at the time when this Directors' Report is approved has confirmed that:

- * so far as the Director is aware, there is no relevant audit information of which the Company's auditors are unaware, and
- * the Director has taken all the steps that ought to have been taken as a Director in order to be aware of any relevant audit information and to establish that the Company's auditors are aware of that information.

Auditors

The auditors, Duignan Carthy O'Neill Limited, continue in office in accordance with section 383(2) of the Companies Act 2014.

This report was approved by the board and signed on its behalf.



Agnes Higgins
Director



Michael Culhane
Director

16 June 2021



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**INDEPENDENT
AUDITORS'
REPORT**

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF MENTAL HEALTH REFORM

Report on the Audit of the Financial Statements

Opinion

We have audited the financial statements of Mental Health Reform (the 'Company') for the year ended 31 December 2020, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows, the Statement of Changes in Funds and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion, the accompanying financial statements:

- * give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2020 and of its surplus for the year then ended;
- * have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- * have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors'

responsibilities for the audit of the financial statements section of our report. We are independent of the Company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Directors with respect to going concern are described in the relevant sections of this report.

Other information

The Directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the

financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- * in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- * in our opinion, the Directors' Report has been prepared in accordance with applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of Directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities and restrictions on use

Responsibilities of Directors

As explained more fully in the Directors' Responsibilities Statement on page 30, the Directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <https://www.iaasa.ie/Publications/Auditing-standards>. This description forms part of our Auditors' Report.

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the Company's members in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's Directors those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members for our audit work, for this report, or for the opinions we have formed.

Elizabeth Murphy

for and on behalf of

Duignan Carthy O'Neill Limited
Chartered Accountants Registered Auditors
84 Northumberland Road
Ballsbridge
Dublin 4

16 June 2021



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**AUDITED
FINANCIAL
STATEMENTS**

AUDITED FINANCIAL STATEMENTS

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) AS AT 31 DECEMBER 2020

	NOTE	Restricted funds 2020 €	Unrestricted funds 2020 €	Total funds 2020 €	Total funds 2019 €
Income from:					
Donations & Membership		-	28,321	28,321	27,207
Charitable Activities					
Statutory and Philanthropic Grants		613,783	3,000	616,783	567,812
Other Activities		-	6,412	6,412	21,029
Investments		-	22	22	22
Total Incoming Resources	4	613,783	37,755	651,538	616,070
Expenditure on:					
Raising funds, Events & Campaigns		(726)	2,163	1,437	2,103
Charitable Activities		608,074	33,706	641,780	634,619
Governance Costs		6,435	-	6,435	-
Total Resources Expended		613,783	35,869	649,652	636,722
Net Income/(expenditure)		-	1,886	1,886	(20,652)
Transfer between funds		-	-	-	-
Net movement in funds		-	1,886	1,886	(20,652)
Reconciliation of funds					
Total funds brought forward		(7,951)	195,326	187,375	208,027
Total funds carried forward		(7,951)	197,212	189,261	187,375

The notes on pages 42 to 51 form part of these financial statements.

All activities relate to continuing operations. There are no other recognised gains or losses other than those listed above and the net income for the financial year.

**BALANCE SHEET
AS AT 31 DECEMBER 2020**

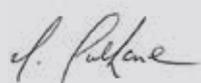
		2020	2019
Current assets	<i>NOTE</i>	€	€
Debtors: amounts falling due within one year	8	26,746	41,439
Cash at bank and in hand	9	565,512	272,184
		<u>592,258</u>	<u>313,623</u>
Creditors: amounts falling due within one year	10	(402,997)	(126,248)
Net current assets		<u>189,261</u>	<u>187,375</u>
Total assets less current liabilities		<u>189,261</u>	<u>187,375</u>
Net assets		<u>189,261</u>	<u>187,375</u>
Accumulated funds			
Funds		<u>189,261</u>	<u>187,375</u>
Members funds		<u>189,261</u>	<u>187,375</u>

The notes on pages 42 to 51 form part of these financial statements.

The financial statements were approved and authorised for issue by the board:



Agnes Higgins
Director
Date: 16 June 2021



Michael Culhane
Director

**STATEMENT OF CHANGES IN FUNDS
FOR THE YEAR ENDED 31 DECEMBER 2020**

	Income and expenditure account	Total funds
	€	€
At 1 January 2019	208,027	208,027
Comprehensive income for the year		
Deficit for the year	(20,652)	(20,652)
At 1 January 2020	187,375	187,375
Comprehensive income for the year		
Surplus for the year	<u>1,886</u>	<u>1,886</u>
Total comprehensive income for the year	<u>1,886</u>	<u>1,886</u>
At 31 December 2020	<u><u>189,261</u></u>	<u><u>189,261</u></u>

The notes on pages 42 to 51 form part of these financial statements.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2020		
	2020	2019
	€	€
Cash flows from operating activities		
Surplus/(deficit) for the financial year	1,886	(20,652)
Adjustments for:		
Interest received	(22)	(22)
Decrease in debtors	14,694	24,694
Increase in creditors	276,748	13,354
Net cash generated from operating activities	<u>293,306</u>	<u>17,374</u>
Cash flows from investing activities		
Interest received	<u>22</u>	<u>22</u>
Net cash from investing activities	<u>22</u>	<u>22</u>
Net increase in cash and cash equivalents	293,328	17,396
Cash and cash equivalents at beginning of year	<u>272,184</u>	<u>254,788</u>
Cash and cash equivalents at the end of year	<u><u>565,512</u></u>	<u><u>272,184</u></u>
Cash and cash equivalents at the end of year comprise:		
Cash at bank and in hand	<u>565,512</u>	<u>272,184</u>
	<u><u>565,512</u></u>	<u><u>272,184</u></u>

The notes on pages 42 to 51 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

1. General Information

Mental Health Reform is a company limited by guarantee, incorporated in the Republic of Ireland. The Registered Office is, Coleraine House, Coleraine Street, Dublin 7, which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Director's Report.

2. Accounting Policies

2.1 Basis of preparation of financial statements

The Financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish Statute comprising the Companies Act 2014, and the Charities SORP (FRS102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

Mental Health Reform is constituted under Irish company law as a company limited by Guarantee and is a registered charity and has adopted and reported its performance in accordance with the format provided for in the Charities SORP and in particular reports its performance for the financial year in the format of the SORP's Statement of Financial Activities (SOFA).

Companies Act 2014 which became effective in law on 1 June 2015 and from that date applied the format and content of financial statements requirements appropriate for a company trading for the profit of its members to a company that is not for profit organisation. In order to provide information relevant to understanding the stewardship of the Directors and the performance and financial position of the charity, Mental Health Reform has prepared its financial statements in accordance with the formats provided for in the Charities SORP (FRS102) consistent with the prior year.

The Directors consider the adoption of the SORP requirements is the most appropriate accounting to properly reflect and disclose the activities of the organisation. Had the Companies Act format and content of financial statements requirements suitable for a company trading for the profit of its members been presented instead, a profit and loss account with related notes showing items such as Turnover and Cost of Sales would have been reported with a "profit" on ordinary activities showing before taxation.

2.2 Company name

The company received approval under Section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

2.3 Income

The income shown in the income and expenditure account represents grants from funders, donations, payments for research services, deposit interest, training and membership income invoiced during the period. Income not applied or expended in the period is deferred to future accounting periods.

2.4 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

2.5 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the Company's cash management.

2.6 Financial instruments

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties and loans to related parties.

2.7 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.8 Government grants

Grants are accounted under the performance model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the statement of financial activities at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

2.9 Pensions

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payments obligations.

The contributions are recognised as an expense in the Income Statement when they fall due. Amounts not paid are shown in accruals as a liability in the Balance Sheet. The assets of the plan are held separately from the Company in independently administered funds.

2.10 Interest income

Interest income is recognised in profit or loss using the effective interest method.

3. Judgments in applying accounting policies and key sources of estimation uncertainty

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Going Concern

The Directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the Directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

COVID-19: Mental Health Reform assesses the current impact of the pandemic on a continuous basis as part of its ongoing risk management. The company is continuing to deliver planned services in 2021 and as a result of contact with our funders, we understand that all planned funding will be received in 2021 with some of this funding received in advance in 2020.

The Directors have assessed and continue to assess the risks associated with the pandemic and are satisfied that Mental Health Reform is a going concern.

4. Analysis of Income

	2020	2019
	€	€
HSE Grant	366,174	335,766
eMental Health Project	55,364	86,405
Pobal Funding	82,521	86,276
Community Foundation for Ireland	54,675	40,296
Other Grant Income	4,990	18,997
Slainte Care	4,987	72
The Giving Circle	4,997	-
The Greystones Trust-eMEN	18,369	-
The Digital Project	21,706	-
Hospital Sunday Fund	3,000	-
Membership	23,125	21,587
Donations	5,196	5,620
Fundraising Income	6,412	20,940
Other Income	-	89
Interest income	22	22
	<u>651,538</u>	<u>616,070</u>

5. Auditors' Remuneration

	2020	2019
	€	€
Fees payable to the auditor	<u>3,690</u>	<u>3,690</u>

6. Employees

Staff costs were as follows:

	2020 €	2019 €
Wages and salaries	457,157	418,922
Employer PRSI	50,384	45,585
Staff pension costs - defined contribution schemes	13,667	14,581
	<u>521,208</u>	<u>479,088</u>

The average monthly number of employees, including the Executive Director, during the year was as follows:

	2020 No.	2019 No.
Employees	<u>11</u>	<u>10</u>

	2020 No.	2019 No.
Employment benefits breakdown		
€70,000 - €79,999	1	1

There were no employment benefits paid in excess of €80,000.

7. Taxation

No charge to taxation arises as the company has been granted exemption under Section 207 and 208 of the Taxes Consolidation Act, 1997

8. Debtors

	2020	2019
	€	€
Other debtors	2,957	720
Prepayments	1,853	2,292
Accrued income	21,936	38,427
	<u>26,746</u>	<u>41,439</u>

9. Cash and Cash Equivalents

	2020	2019
	€	€
Cash at bank and in hand	565,512	272,184
	<u>565,512</u>	<u>272,184</u>

10. Creditors: Amounts falling due within one year

	2020	2019
	€	€
Trade creditors	2,170	2,739
Taxation and social insurance	15,429	11,515
Pension	1,444	2,709
Accruals	9,107	6,211
Deferred income	374,847	103,074
	<u>402,997</u>	<u>126,248</u>

11. Deferred Income

	2020	2019
	€	€
Community Foundation	11,640	31,314
SSNO - Pobal	11,569	4,090
HSE	42,665	41,790
Slainte Care - Pobal	43,145	19,777
IHR	-	1,103
Giving Circle of Ireland	3	5,000
Demand Digital	4,900	-
Social Innovation (from Rethink Ireland)	54,000	-
Adapt/Respond/Coll	167,000	-
Dept of Children	20,000	-
Emen (Interreg) the Greystones Trust	5,631	-
DIG	14,294	-
	374,847	103,074

The above amounts comprise monies received in respect of specific projects where the performance related tasks have not been completed at year-end

12. Company Status

The company is limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding €1 towards the assets of the company in the event of liquidation.

13. Contingent Liabilities

As outlined in Note 2.8, the company has received government grants for revenue purposes. Should these assets not be used for the purpose specified, the grants will become repayable in whole or in part.

14. Reconciliation of Movements in Funds

	Opening Surplus 1/1/2020 €	2020 €	Closing Surplus at 31/12/2020 €	2019 €
Closing Reserves allocated as follows:				
Restricted Funds	(7,951)		(7,951)	(7,951)
Unrestricted Funds	195,326	1,886	197,212	195,326
	<u>187,375</u>	<u>1,886</u>	<u>189,261</u>	<u>187,375</u>

15. Pension Commitments

The company operates a defined contribution pension scheme for all employees. The assets of the scheme are held separately to the assets of the company. Contributions to the scheme are charged to the statement of financial activities as they become payable.

16. Pobal Grant

During the financial year, Mental Health Reform (MHR) received a grant from the Department of the Environment, Community and Local Government, dispensed by Pobal, for the period from 1 July 2019 to 30 June 2022. The grant is for the Scheme to Support National Organisations (SSNO).

The total monies that will be awarded in respect of the grant are €269,835 of which €90,001 was in respect of the current year. The grant has been awarded and restricted to assist with staffing and core overhead costs and is not capital in nature. No capital grant was received from Pobal during the year or from any other source.

The grant was used by MHR in accordance with the signed agreement between Pobal and themselves, dated 14 June 2019.

MHR have obtained an up to date Tax Clearance Certificate as in compliance with the relevant Circulars, including Circular 44/2006.

Note 16 (continued)	2020
	€
Opening balance	4,090
Amount due for 2020	(53)
Amount received	90,001
Amount due at year-end	52
Released to income	<u>(82,521)</u>
Deferred at 31 December 2020	<u>11,569</u>

17. HSE Grant

Mental Health Reform (MHR) received a grant from the HSE for the calendar year 2020.

The total monies that were awarded in respect of the grant in 2020 were €367,036. The grant has been awarded and restricted to assist with staffing, core overhead costs and direct project costs of the eMEN project, and is not capital in nature. No capital grant was received from the HSE during the year or from any other source.

The grant was used by MHR in accordance with the signed agreement between the HSE and themselves, dated 3 March 2020.

MHR have obtained an up to date Tax Clearance Certificate as in compliance with the relevant Circulars, including Circular 44/2006.

	2020
	€
Opening balance - deferred	41,790
Amount due for 2020	13
Amount received	367,036
Released to income	<u>(366,174)</u>
Deferred at 31 December 2020	<u>42,665</u>

18. Related Party Transactions

Payments made to Directors in respect of services rendered during the year were €Nil (2019: €Nil). During the year a payment of €300 was made to the former Chief executive for consultancy services, following their departure from Mental Health Reform.

No other related party transactions occurred during the year.

19. Key Management Personnel Remuneration

The total management remuneration for the senior management team was €166,235 (2019: €159,931). No director received remuneration from the company during the year.

20. Post Balance Sheet Events

There have been no significant events affecting the company since the year-end.

21. Controlling Party

The company is controlled by its members'. It is the members responsibility to elect management to look after the affairs of the company.

22. Approval of Financial Statements

The board of Directors approved these financial statements for issue on 16 June 2021.



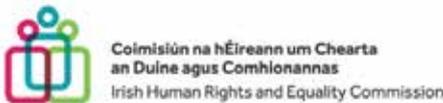
The Scheme to Support National Organisations is funded by the Government of Ireland through the Department of Rural and Community Development.



Rialtas na hÉireann
Government of Ireland



An Roinn Leanaí, Comhionannais,
Michumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth





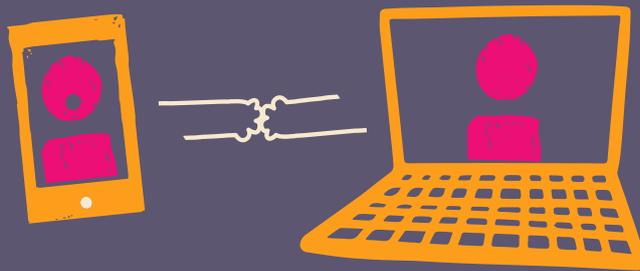
**Mental
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